

Individual Best Times (All Time)

Adelle Hall - (525422) - Hillingdon Swimming Club - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:15.16	571	H	13/07/13	Basildon & Phoenix End of Season Meet	Basildon	Hillingdon	3
1:15.43	565	F	11/03/13	Middlesex County Championships	Enfield	Hillingdon	2
1:15.53	562	H	11/03/13	Middlesex County Championships	Enfield	Hillingdon	2
1:15.78	557	F	22/03/14	Middlesex County Championships	Enfield	Hillingdon	2
1:16.49	541	H	22/03/14	Middlesex County Championships	Enfield	Hillingdon	2
1:16.54	540	H	28/04/13	Team Luton Spring Open Meet 2013	Luton	Hillingdon	3
1:16.57	540	H	02/12/12	ASA London Winter Championships 2012	London	Hillingdon	2
1:16.83	534	H	12/01/13	Cambridge 2013 January Open Meet	Cambridge	Hillingdon	2
1:17.16	527	F	17/03/12	Middlesex County Championships	Enfield	Hillingdon	2
1:17.19	527	H	17/03/12	Middlesex County Championships	Enfield	Hillingdon	2
1:17.19	527	H	11/01/14	City of Cambridge Winter Meet	Cambridge	Hillingdon	2
1:17.30	525	H	14/01/12	City of Cambridge Winter Short Course Meet	Cambridge	Hillingdon	2
1:17.34	524	F	11/11/12	Hillingdon SC Club Championships	Hillingdon	Hillingdon	4
1:17.35	524	F	06/10/13	Middlesex County Short Course Meet	Northolt	Hillingdon	2
1:17.35	524	F	09/11/14	Hillingdon RNSS Club Championships	Hillingdon	Hillingdon	4
1:17.44	522	F	02/12/12	ASA London Winter Championships 2012	London	Hillingdon	2
1:17.82	514	H	06/10/13	Middlesex County Short Course Meet	Northolt	Hillingdon	2
1:18.19	507	F	03/11/13	Hillingdon SC RNSS Club Championships	Hillingdon	Hillingdon	4
1:18.26	505	H	07/12/14	London Region Winter Championships	London		2
1:18.36	504	H	21/12/14	Hillingdon Winter Open Meet 2014	Hillingdon	Hillingdon	2
1:18.47	501	F	07/12/14	London Region Winter Championships	London		2
1:18.50	501	F	21/12/14	Hillingdon Winter Open Meet 2014	Hillingdon	Hillingdon	2
1:18.53	500	F	06/10/12	MCASA Short Course Championships	Northolt	Hillingdon	2
1:18.72	497	H	06/10/12	MCASA Short Course Championships	Northolt	Hillingdon	2
1:18.88	494	F	20/01/15	Middlesex County Championships 2015	Hendon	Hillingdon	2
1:19.02	491	F	15/07/12	Hillingdon SC Summer Meet	Hayes	Hillingdon	3
1:19.03	491	H	20/01/15	Middlesex County Championships 2015	Hendon	Hillingdon	2

1:19.02	491	F	20/01/15	Middlesex County Championships 2015	Hendon	Hillingdon	2
1:19.12	489	F	19/11/11	City of Milton Keynes 502400's Meet	Bletchley	Hillingdon	2
1:19.21	487	H	15/11/15	BUCS Short Course Championships	Sheffield		2
1:19.64	480	H	20/12/15	Hillingdon SC Winter Short Course Open Meet 2015	Uxbridge	Hillingdon	2
1:19.93	474	F	16/07/11	Plymouth Leander Non National Qualifiers O	Plymouth	Hillingdon	3
1:20.06	472	H	12/03/11	Middlesex County Championships	Enfield	Hillingdon	2
1:20.22	469	F	12/03/11	Middlesex County Championships	Enfield	Hillingdon	2
1:20.43	466	F	22/10/11	Middlesex County ASA Short Course Meet	Enfield	Hillingdon	2
1:20.86	458	H	16/07/11	Plymouth Leander Non National Qualifiers O	Plymouth	Hillingdon	3
1:21.03	455	F	13/11/11	Hillingdon Club Championships	Hillingdon	Hillingdon	4
1:22.05	439	H	15/01/11	City of Cambridge Winter Open Meet	Cambridge	Hillingdon	2
1:23.33	419	F	13/11/10	Hillingdon Club Champs	Hillingdon	Hillingdon	4
1:23.47	416	H	24/07/10	Plymouth Leander Open	Plymouth	Hillingdon	3
1:23.59	415	H	07/11/10	London Region Winter Meet	London	Hillingdon	2
1:23.67	414	H	16/01/10	City of Cambridge Open	Cambridge	Hillingdon	2
1:24.09	407	F	24/07/10	Plymouth Leander Open	Plymouth	Hillingdon	3
1:24.53	401	F	07/03/10	Middlesex County Champs	Enfield	Hillingdon	2
1:25.20	392	H	07/03/10	Middlesex County Champs	Enfield	Hillingdon	2
1:26.58	373		08/11/09	Romford Town 2nd SC Meet	Enfield	Hillingdon	3
1:27.28	364		05/12/09	Hillingdon Xmas Meet	Hayes	Hillingdon	4
1:29.97	332		18/07/09	Plymouth Leander SC Meet	Plymouth	Hillingdon	3
1:30.67	325		18/07/09	Plymouth Leander SC Meet	Plymouth	Hillingdon	3
1:33.42	297		19/04/09	MCASA Spring Development	Enfield	Hillingdon	4
1:41.11	234		10/01/09	Staines Black Swan Open	Walton on Thames	Hillingdon	3
1:41.81	229		27/09/08	Maxwell Open Meet	Aylesbury	Hillingdon	3
1:51.57	174		19/04/08	Middlesex Spring Meet	Enfield	Hillingdon	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:19.64	480	H	20/12/15	Hillingdon SC Winter Short Course Open Meet 2015	Uxbridge	Hillingdon	2
1:19.21	487	H	15/11/15	BUCS Short Course Championships	Sheffield		2
1:18.88	494	F	20/01/15	Middlesex County Championships 2015	Hendon	Hillingdon	2
1:19.02	491	H	20/01/15	Middlesex County Championships 2015	Hendon	Hillingdon	2
1:18.50	501	F	21/12/14	Hillingdon Winter Open Meet 2014	Hillingdon	Hillingdon	2
1:18.36	504	H	21/12/14	Hillingdon Winter Open Meet 2014	Hillingdon	Hillingdon	2
1:18.47	501	F	07/12/14	London Region Winter Championships	London		2
1:18.26	505	H	07/12/14	London Region Winter Championships	London		2
1:17.35	524	F	09/11/14	Hillingdon RNSS Club Championships	Hillingdon	Hillingdon	4
1:15.78	557	F	22/03/14	Middlesex County Championships	Enfield	Hillingdon	2
1:16.49	541	H	22/03/14	Middlesex County Championships	Enfield	Hillingdon	2
1:17.19	527	H	11/01/14	City of Cambridge Winter Meet	Cambridge	Hillingdon	2
1:18.19	507	F	03/11/13	Hillingdon SC RNSS Club Championships	Hillingdon	Hillingdon	4
1:17.35	524	F	06/10/13	Middlesex County Short Course Meet	Northolt	Hillingdon	2
1:17.82	514	H	06/10/13	Middlesex County Short Course Meet	Northolt	Hillingdon	2
1:15.16	571	H	13/07/13	Basildon & Phoenix End of Season Meet	Basildon	Hillingdon	3
1:16.54	540	H	28/04/13	Team Luton Spring Open Meet 2013	Luton	Hillingdon	3
1:15.43	565	F	11/03/13	Middlesex County Championships	Enfield	Hillingdon	2
1:15.53	562	H	11/03/13	Middlesex County Championships	Enfield	Hillingdon	2
1:16.83	534	H	12/01/13	Cambridge 2013 January Open Meet	Cambridge	Hillingdon	2
1:17.44	522	F	02/12/12	ASA London Winter Championships 2012	London	Hillingdon	2
1:16.57	540	H	02/12/12	ASA London Winter Championships 2012	London	Hillingdon	2
1:17.34	524	F	11/11/12	Hillingdon SC Club Championships	Hillingdon	Hillingdon	4
1:18.53	500	F	06/10/12	MCASA Short Course Championships	Northolt	Hillingdon	2

1:18.72	497	H	06/10/12	MCASA Short Course Championships	Northolt	Hillingdon	2
1:19.02	491	F	15/07/12	Hillingdon SC Summer Meet	Hayes	Hillingdon	3
1:17.16	527	F	17/03/12	Middlesex County Championships	Enfield	Hillingdon	2
1:17.19	527	H	17/03/12	Middlesex County Championships	Enfield	Hillingdon	2
1:17.30	525	H	14/01/12	City of Cambridge Winter Short Course Meet	Cambridge	Hillingdon	2
1:19.12	489	F	19/11/11	City of Milton Keynes 502400's Meet	Bletchley	Hillingdon	2
1:21.03	455	F	13/11/11	Hillingdon Club Championships	Hillingdon	Hillingdon	4
1:20.43	466	F	22/10/11	Middlesex County ASA Short Course Meet	Enfield	Hillingdon	2
1:19.93	474	F	16/07/11	Plymouth Leander Non National Qualifiers O	Plymouth	Hillingdon	3
1:20.86	458	H	16/07/11	Plymouth Leander Non National Qualifiers O	Plymouth	Hillingdon	3
1:20.22	469	F	12/03/11	Middlesex County Championships	Enfield	Hillingdon	2
1:20.06	472	H	12/03/11	Middlesex County Championships	Enfield	Hillingdon	2
1:22.05	439	H	15/01/11	City of Cambridge Winter Open Meet	Cambridge	Hillingdon	2
1:23.33	419	F	13/11/10	Hillingdon Club Champs	Hillingdon	Hillingdon	4
1:23.59	415	H	07/11/10	London Region Winter Meet	London	Hillingdon	2
1:24.09	407	F	24/07/10	Plymouth Leander Open	Plymouth	Hillingdon	3
1:23.47	416	H	24/07/10	Plymouth Leander Open	Plymouth	Hillingdon	3
1:24.53	401	F	07/03/10	Middlesex County Champs	Enfield	Hillingdon	2
1:25.20	392	H	07/03/10	Middlesex County Champs	Enfield	Hillingdon	2
1:23.67	414	H	16/01/10	City of Cambridge Open	Cambridge	Hillingdon	2
1:27.28	364		05/12/09	Hillingdon Xmas Meet	Hayes	Hillingdon	4
1:26.58	373		08/11/09	Romford Town 2nd SC Meet	Enfield	Hillingdon	3
1:29.97	332		18/07/09	Plymouth Leander SC Meet	Plymouth	Hillingdon	3
1:30.67	325		18/07/09	Plymouth Leander SC Meet	Plymouth	Hillingdon	3
1:33.42	297		19/04/09	MCASA Spring Development	Enfield	Hillingdon	4
1:41.11	234		10/01/09	Staines Black Swan Open	Walton on Thames	Hillingdon	3
1:41.81	229		27/09/08	Maxwell Open Meet	Aylesbury	Hillingdon	3
1:51.57	174		19/04/08	Middlesex Spring Meet	Enfield	Hillingdon	4