

Individual Best Times (All Time)

Adelle Hall - (525422) - Hillingdon Swimming Club - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:07.41	539	F	09/11/14	Hillingdon RNSS Club Championships	Hillingdon	Hillingdon	4
1:07.84	529	F	07/10/12	MCASA Short Course Championships	Northolt	Hillingdon	2
1:07.85	529	H	13/07/13	Basildon & Phoenix End of Season Meet	Basildon	Hillingdon	3
1:08.00	525	F	11/11/12	Hillingdon SC Club Championships	Hillingdon	Hillingdon	4
1:08.18	521	H	07/10/12	MCASA Short Course Championships	Northolt	Hillingdon	2
1:08.58	512	H	05/10/13	Middlesex County Short Course Meet	Northolt	Hillingdon	2
1:09.04	502	H	01/12/12	ASA London Winter Championships 2012	London	Hillingdon	2
1:09.29	497	F	03/11/13	Hillingdon SC RNSS Club Championships	Hillingdon	Hillingdon	4
1:09.83	485	H	18/03/12	Middlesex County Championships	Enfield	Hillingdon	2
1:11.00	462	F	23/10/11	Middlesex County ASA Short Course Meet	Enfield	Hillingdon	2
1:11.98	443	F	13/11/11	Hillingdon Club Championships	Hillingdon	Hillingdon	4
1:14.66	397	H	25/07/10	Plymouth Leander Open	Plymouth	Hillingdon	3
1:16.19	373	F	13/11/10	Hillingdon Club Champs	Hillingdon	Hillingdon	4
1:16.24	373	H	06/03/10	Middlesex County Champs	Enfield	Hillingdon	2
1:17.50	355	H	16/01/10	City of Cambridge Open	Cambridge	Hillingdon	2
1:19.74	326		05/12/09	Hillingdon Xmas Meet	Hayes	Hillingdon	4
1:20.12	321		27/09/09	Maxwell Autumn Meet	Aylesbury	Hillingdon	3
1:20.51	316		08/11/09	Romford Town 2nd SC Meet	Enfield	Hillingdon	3
1:21.95	300		19/07/09	Plymouth Leander SC Meet	Plymouth	Hillingdon	3
1:22.70	292		18/04/09	MCASA Spring Development	Enfield	Hillingdon	4
1:34.14	198		27/09/08	Maxwell Open Meet	Aylesbury	Hillingdon	3
1:35.27	191		25/10/08	Middlesex Autumn Dev Meet	Barnet	Hillingdon	4
1:38.58	172		19/04/08	Middlesex Spring Meet	Enfield	Hillingdon	4
1:38.66	172		14/06/08	Maxwell Summer Meet	Aylesbury	Hillingdon	3

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