

Individual Best Times (All Time)

Adelle Hall - (525422) - Hillingdon Swimming Club - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
28.05	546	H	12/01/14	City of Cambridge Winter Meet	Cambridge	Hillingdon	2
28.05	546	H	07/12/14	London Region Winter Championships	London		2
28.35	529	H	14/07/13	Basildon & Phoenix End of Season Meet	Basildon	Hillingdon	3
28.47	522	H	13/01/13	Cambridge 2013 January Open Meet	Cambridge	Hillingdon	2
28.54	518	H	06/10/13	Middlesex County Short Course Meet	Northolt	Hillingdon	2
28.55	518	F	12/03/13	Middlesex County Championships	Enfield	Hillingdon	2
28.58	516	F	14/02/15	Middlesex County Championships 2015	Barnet	Hillingdon	2
28.74	507	F	15/03/14	Middlesex County Championships	Enfield	Hillingdon	2
28.77	506	H	14/02/15	Middlesex County Championships 2015	Barnet	Hillingdon	2
28.86	501	F	15/07/12	Hillingdon SC Summer Meet	Hayes	Hillingdon	3
28.92	498	H	06/10/12	MCASA Short Course Championships	Northolt	Hillingdon	2
29.00	494	H	15/01/12	City of Cambridge Winter Short Course Meet	Cambridge	Hillingdon	2
29.20	484	F	26/02/12	Middlesex County Championships	Enfield	Hillingdon	2
29.23	482	F	17/07/11	Plymouth Leander Non National Qualifiers O	Plymouth	Hillingdon	3
29.42	473	F	22/10/11	Middlesex County ASA Short Course Meet	Enfield	Hillingdon	2
29.59	465	F	20/11/11	City of Milton Keynes 502400's Meet	Bletchley	Hillingdon	2
29.90	451	F	20/02/11	Middlesex County Championships	Enfield	Hillingdon	2
30.04	444	H	16/01/11	City of Cambridge Winter Open Meet	Cambridge	Hillingdon	2
30.14	440		06/11/10	Romford Town 3th Open Meet	Enfield	Hillingdon	3
30.29	433	F	25/07/10	Plymouth Leander Open	Plymouth	Hillingdon	3
30.80	412	H	07/11/10	London Region Winter Meet	London	Hillingdon	2
31.25	395	F	20/02/10	Middlesex County Champs	Enfield	Hillingdon	2
31.26	394	H	17/01/10	City of Cambridge Open	Cambridge	Hillingdon	2
31.74	377	H	25/10/09	Rushmoor Royals Autumn Mt	Aldershot	Hillingdon	2
31.78	375		08/11/09	Romford Town 2nd SC Meet	Enfield	Hillingdon	3
32.20	361		19/07/09	Plymouth Leander SC Meet	Plymouth	Hillingdon	3
32.33	358		25/04/09	MCASA Spring Development	Enfield	Hillingdon	4

32.90	550	25/04/09	MCASA Spring Development	Enfield	Hillingdon	
36.04	257	10/01/09	Staines Black Swan Open	Walton on Thames	Hillingdon	3
36.43	249	27/09/08	Maxwell Open Meet	Aylesbury	Hillingdon	3
37.93	220	14/06/08	Maxwell Summer Meet	Aylesbury	Hillingdon	3
38.84	205	19/04/08	Middlesex Spring Meet	Enfield	Hillingdon	4

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