

Individual Best Times (All Time)

Duncan McKinney - (522523) - Strathclyde University Swimming - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:34.07	628	C	10/12/17	Scottish National Short Course Open Champs	Edinburgh	Co Glasgow	2
4:35.12	621	H	10/12/17	Scottish National Short Course Open Champs	Edinburgh	Co Glasgow	2
4:40.03	589	F	05/11/17	REN96 Open Meet	Linwood	Co Glasgow	2
4:40.61	585	H	11/12/16	Scottish National Short Course Championships	Edinburgh	Co Glasgow	1
4:45.40	556	F	29/10/16	2016 SASA West District SC SAG Championship	Glasgow	Co Glasgow	1
4:46.47	550	F	24/09/16	Scottish National Teams	Glasgow	Co Glasgow	1
4:46.88	548	F	08/01/17	FIRST Annual Open Meet 2017	Bathgate	Co Glasgow	2
4:53.74	510	F	31/10/15	SASA West District SAG Championships	Grangemouth	Co Glasgow	1
4:54.00	509	F	01/02/15	North Ayrshire 200 Meet	Auchenharvie		2
4:56.19	498	F	15/02/15	Sharks Open Meet	Bellshill	Co Glasgow	2
4:57.60	491	F	31/08/14	North Ayrshire Distance Meet	Auchenharvie	Co Glasgow	2
5:01.24	473	F	01/11/14	SASA West District SAG Championships	Ayr	Co Glasgow	1
5:04.40	459	F	24/05/14	Alloa ASC Open Meet	Alloa	Co Glasgow	2
5:15.62	411	F	16/11/13	SASA West District JAG SC Champs	Cumbernauld	Co Glasgow	1
5:30.90	357		17/11/12	2012 WD Short Course Championships JAG	Cumbernauld	Co Glasgow	1
5:38.85	332		12/05/12	SASA West District Group 3 Championships	Dumfries	Co Glasgow	1
6:15.97	243		19/11/11	West Disitrcit Group 6 Meet	Grangemouth	Co Glasgow	1

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