

Individual Best Times (All Time)

Lara Chapman - (522031) - Barnes SC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:53.00	394	F	25/11/12	Guildford City SC Open Meet	Guildford	Barnes SC	2
5:55.64	385	F	25/09/12	St Paul's Barnes SC Club Championships	London	Barnes SC	4
6:33.37	285	F	25/09/11	St Pauls Barnes SC Club Championships	Barnes	Barnes SC	4
7:16.36	208	F	03/10/10	St Pauls Barnes Club Champ	London	Barnes SC	4

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