

Individual Best Times (All Time)

Ben Morrison - (521385) - St Thomas ASC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.34	387	H	03/09/17	SASA Midland September Sprints	Dundee	St Thomas	1
30.62	376	F	03/09/17	SASA Midland September Sprints	Dundee	St Thomas	1
31.78	336	H	04/09/16	SASA Midlands District Distance	Dundee	St Thomas	1
33.61	284	F	06/09/15	SASA Midland District Meet	Dundee	Dun City Aqu	1
33.71	282	H	06/09/15	SASA Midland District Meet	Dundee	Dun City Aqu	1
35.02	251	F	06/09/14	SASA Midland District Sprint Championships	Dundee	Dun City Aqu	1
35.33	245	H	06/09/14	SASA Midland District Sprint Championships	Dundee	Dun City Aqu	1
35.80	235		19/04/14	FIRST Open Meet 2014	Bathgate	Dun City Aqu	2
36.77	217	H	07/09/13	Midland District Sprint Championships	Dundee	Dun City Aqu	1
37.18	210	F	07/09/13	Midland District Sprint Championships	Dundee	Dun City Aqu	1
37.29	208	H	09/06/13	Dundee Aquatics Stars Of The Future	Dundee	Dun City Aqu	2
37.59	203	F	09/06/13	Dundee Aquatics Stars Of The Future	Dundee	Dun City Aqu	2
37.77	200	H	10/03/13	Dundee City Aquatics Mini Gala	Dundee	Dun City Aqu	2
37.95	197	F	10/03/13	Dundee City Aquatics Mini Gala	Dundee	Dun City Aqu	2
38.09	195		20/04/13	F.I.R.S.T Open Meet	Dunfermline	Dun City Aqu	2
40.44	163	F	27/10/12	Alloa Graded Meet	Alloa	Dun City Aqu	2
41.07	156	H	08/09/12	SASA Midland District Sprint Meet	Dundee	Dun City Aqu	1
41.80	147	F	03/06/12	Dundee City Aquatics Stars Of The Future	Dundee	Dun City Aqu	2
42.25	143	H	03/06/12	Dundee City Aquatics Stars Of The Future	Dundee	Dun City Aqu	2
42.31	142		21/04/12	FIRST Open Meet	Dunfermline	Dun City Aqu	2
43.24	133	H	11/03/12	Dundee City Aquatics Mini Meet	Dundee	Dun City Aqu	2
44.29	124	F	29/10/11	Alloa Graded Meet	Alloa	Dun City Aqu	2
44.86	119	H	13/03/11	Dundee City Mini Meet	Dundee	Dun City Aqu	2
45.53	114	F	13/03/11	Dundee City Mini Meet	Dundee	Dun City Aqu	2
47.75	99	F	21/11/10	Carnegie Mini Meet	Glenrothes	Dun City Aqu	2
48.17	96		19/02/11	Glenrothes Spring Meet	Glenrothes	Dun City Aqu	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.62	376	F	03/09/17	SASA Midland September Sprints	Dundee	St Thomas	1
30.34	387	H	03/09/17	SASA Midland September Sprints	Dundee	St Thomas	1
31.78	336	H	04/09/16	SASA Midlands District Distance	Dundee	St Thomas	1
33.61	284	F	06/09/15	SASA Midland District Meet	Dundee	Dun City Aqu	1
33.71	282	H	06/09/15	SASA Midland District Meet	Dundee	Dun City Aqu	1
35.02	251	F	06/09/14	SASA Midland District Sprint Championships	Dundee	Dun City Aqu	1
35.33	245	H	06/09/14	SASA Midland District Sprint Championships	Dundee	Dun City Aqu	1
35.80	235		19/04/14	FIRST Open Meet 2014	Bathgate	Dun City Aqu	2
37.18	210	F	07/09/13	Midland District Sprint Championships	Dundee	Dun City Aqu	1
36.77	217	H	07/09/13	Midland District Sprint Championships	Dundee	Dun City Aqu	1
37.59	203	F	09/06/13	Dundee Aquatics Stars Of The Future	Dundee	Dun City Aqu	2
37.29	208	H	09/06/13	Dundee Aquatics Stars Of The Future	Dundee	Dun City Aqu	2
38.09	195		20/04/13	F.I.R.S.T Open Meet	Dunfermline	Dun City Aqu	2
37.95	197	F	10/03/13	Dundee City Aquatics Mini Gala	Dundee	Dun City Aqu	2
37.77	200	H	10/03/13	Dundee City Aquatics Mini Gala	Dundee	Dun City Aqu	2
40.44	163	F	27/10/12	Alloa Graded Meet	Alloa	Dun City Aqu	2
41.07	156	H	08/09/12	SASA Midland District Sprint Meet	Dundee	Dun City Aqu	1
41.80	147	F	03/06/12	Dundee City Aquatics Stars Of The Future	Dundee	Dun City Aqu	2
42.25	143	H	03/06/12	Dundee City Aquatics Stars Of The Future	Dundee	Dun City Aqu	2
42.31	142		21/04/12	FIRST Open Meet	Dunfermline	Dun City Aqu	2
43.24	133	H	11/03/12	Dundee City Aquatics Mini Meet	Dundee	Dun City Aqu	2
44.29	124	F	29/10/11	Alloa Graded Meet	Alloa	Dun City Aqu	2
45.53	114	F	13/03/11	Dundee City Mini Meet	Dundee	Dun City Aqu	2
44.86	119	H	13/03/11	Dundee City Mini Meet	Dundee	Dun City Aqu	2
48.17	96		19/02/11	Glenrothes Spring Meet	Glenrothes	Dun City Aqu	2
47.75	99	F	21/11/10	Carnegie Mini Meet	Glenrothes	Dun City Aqu	2