

Individual Best Times (All Time)

Sophie Pedder - (521291) - Royston SC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|-----------------|-----------------|-------|
| 2:23.85 | 565 | H | 09/03/14 | Bedfordshire Age Group & County Champs | Luton | Bedford SS | 2 |
| 2:27.17 | 527 | H | 25/10/15 | Flitwick Dolphins Open Meet 2015 | Biggleswade | | 3 |
| 2:27.68 | 522 | F | 29/11/15 | Hitchin County Qualifier Open Meet 2015 | Borehamwood | Bedford SS | 3 |
| 2:28.08 | 518 | F | 26/01/14 | Stevenage Last Chance County Qualifier | Stevenage | Bedford SS | 3 |
| 2:28.89 | 509 | | 20/10/13 | Barnet Cophthall 200m Meet | Hendon | Bedford SS | 3 |
| 2:30.68 | 491 | H | 17/03/13 | Bedfordshire County Championships | Luton | Bedford SS | 2 |
| 2:31.22 | 486 | H | 17/11/13 | 2013 Leicester Distance Meet | Braunstone | Bedford SS | 2 |
| 2:32.46 | 474 | F | 19/01/13 | Biggleswade SC 14th Open meet | Biggleswade | Bedford SS | 3 |
| 2:35.93 | 443 | H | 27/10/12 | Flitwick Dolphins Open Meet | Flitwick | Bedford SS | 3 |
| 2:37.28 | 432 | H | 25/11/12 | City of Leicester Distance Meet | Leicester | Bedford SS | 2 |
| 2:39.10 | 417 | H | 13/05/12 | Mid Beds Open Meet | Biggleswade | Bedford SS | 2 |
| 2:42.04 | 395 | F | 31/03/12 | City of Peterborough Open Meet | Peterborough | Bedford SS | 2 |
| 2:43.60 | 384 | H | 25/02/12 | Bedfordshire County Championships | Biggleswade | Bedford SS | 2 |
| 2:44.48 | 378 | F | 22/01/12 | Biggleswade Open Meet | Biggleswade | Bedford SS | 3 |
| 2:47.91 | 355 | | 27/11/11 | City of Leicester Distance Meet | Braunstone | Bedford SS | 2 |
| 2:49.52 | 345 | H | 22/10/11 | Flitwick Dolphins Open Meet | Biggleswade | Bedford SS | 3 |
| 2:52.76 | 326 | H | 17/04/11 | Team Luton Open Meet | London | Bedford SS | 2 |
| 2:54.21 | 318 | F | 07/05/11 | West Suffolk Open Meet | Bury St Edmunds | Bedford SS | 2 |
| 2:56.44 | 306 | F | 06/03/11 | Hertfordshire County Championships | Borehamwood | Bedford SS | 2 |
| 3:01.51 | 281 | | 28/11/10 | Watford Middle Distance | Watford | Bedford SS | 2 |
| 3:11.00 | 241 | F | 13/03/10 | Hertfordshire Champs | Borehamwood | Bedford SS | 2 |
| 3:11.51 | 239 | | 28/03/10 | Watford Easter Open Meet | Watford | Bedford SS | 2 |
| 3:14.27 | 229 | | 15/05/10 | London Boro Enfield Open | Enfield | Bedford SS | 3 |
| 3:23.42 | 199 | | 24/01/10 | Biggleswade 11th Open | Biggleswade | Bedford SS | 3 |
| 3:39.59 | 158 | | 25/10/08 | Biggleswade Club Champs | Biggleswade | Bedford SS | 4 |

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