Individual Best Times (All Time)

Megan Bond - (520891) - Staines Swimming Club - 200 Freestyle - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:24.64	72		25/11/07	Staines Club Champs	Spelthorne	Staines	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:24.64	72		25/11/07	Staines Club Champs	Spelthorne	Staines	4