

# Individual Best Times (All Time)

Martha Duley - (519476) - Colchester SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:29.17	634	H	22/07/18	BPSC End Of Season Meet 2018	Basildon	Colchester	3
4:30.08	628	H	11/11/16	Colchester Club Championships 2016	Colchester	Colchester	4
4:30.84	622	H	30/10/16	Essex Senior Winter Championships 2016	Basildon	Colchester	2
4:34.50	598	H	16/03/14	Essex County Championships	Basildon	Colchester	2
4:35.66	590	H	13/11/15	Colchester SC Club Championships 2015	Colchester		4
4:38.11	575	H	21/10/14	Colchester Club Championships	Colchester		4
4:41.55	554	H	31/01/15	Essex County Age Group Championships 2015	Southend		2
4:42.72	547	H	24/10/13	Colchester Club Championships	Colchester	Colchester	4
5:01.29	452	F	12/01/13	Teamipswich SC January Open Meet	Ipswich	Colchester	3
5:04.32	439	H	21/10/12	Colchester Club Championships	Colchester	Colchester	4
5:05.32	434		29/09/12	Sudbury Michaelmas Olympic Special	Sudbury	Colchester	3
5:24.67	361	H	01/11/11	Colchester Club Championships	Colchester	Colchester	4
5:56.17	273	H	16/11/10	Colchester Club Champs	Colchester	Colchester	4
5:56.36	273		26/06/10	Sudbury & District Open	Sudbury	Colchester	4
6:37.66	196	H	03/11/09	Colchester Club Champs	Colchester	Colchester	4
7:25.08	140	H	21/10/08	Colchester Club Champs	Colchester	Colchester	4

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