

# Individual Best Times (All Time)

Martha Duley - (519476) - Colchester SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
28.66	683	H	28/06/18	Colchester 5th Midsummer Madness Open Meet	Colchester	Colchester	3
28.75	677	F	11/11/17	BUCS Short Course Swimming Championships	Sheffield		2
28.93	664	H	20/10/18	Essex Senior Winter Champs 2018	Basildon	Colchester	2
28.99	660	H	14/12/18	SE Winter Championships 2018	Sheffield	Colchester	2
29.07	655	H	10/11/18	BUCS Short Course Swimming Championships 2018	Sheffield		2
29.12	651	H	18/06/17	4th Midsummer Madness Open Meet	Colchester	Colchester	3
29.17	648	H	11/11/17	BUCS Short Course Swimming Championships	Sheffield		2
29.18	647	H	25/09/16	BPSC Season Opener	Basildon	Colchester	2
29.19	647	H	17/12/16	ASA Winter Meet 2016	Sheffield	Colchester	2
29.23	644	F	25/09/16	BPSC Season Opener	Basildon	Colchester	2
29.25	643	H	03/11/18	Swim England East Region Short Course Championship	Luton	Colchester	2
29.30	640	R	23/10/16	ASA National County Teams Division 1	Sheffield	Essex	2
29.33	638	F	03/11/18	Swim England East Region Short Course Championship	Luton	Colchester	2
29.45	630	F	20/10/18	Essex Senior Winter Champs 2018	Basildon	Colchester	2
29.46	629	F	10/11/18	BUCS Short Course Swimming Championships 2018	Sheffield		2
29.58	621	H	29/10/16	Essex Senior Winter Championships 2016	Basildon	Colchester	2
29.76	610	H	02/10/16	Cambridge Grand Prix Regional & National Qualifier	Cambridge	Colchester	2
29.80	608	H	19/06/16	Colchester 3rd Midsummer Madness Meet 2016	Colchester	Colchester	3
29.81	607	F	29/10/16	Essex Senior Winter Championships 2016	Basildon	Colchester	2
29.87	604	F	02/10/16	Cambridge Grand Prix Regional & National Qualifier	Cambridge	Colchester	2
29.95	599	H	24/10/15	Essex Senior Short Course Championships 2015	Basildon		2
30.20	584	F	24/10/15	Essex Senior Short Course Championships 2015	Basildon		2
30.29	579	F	15/02/15	Essex County Age Group Championships 2015	Basildon		2
30.43	571		18/10/15	ASA National County Teams Division 2	Sheffield	Colchester	2
30.51	566	H	29/11/14	Essex Senior Junior Championships	Basildon		2
30.57	563	F	22/11/15	Guildford City SC November L2 Open Meet	Surrey	Colchester	2
30.60	561	F	04/10/15	Cambridge Grand Prix Regional & National SC Qualifier	Cambridge		2

30.60	561	F	04/10/15	Cambridge L2 Regional & National SC Qualifier	Cambridge		
30.64	559	H	16/11/14	Colchester Club Championships	Colchester		4
30.69	556	H	04/10/15	Cambridge L2 Regional & National SC Qualifier	Cambridge		2
30.70	556	H	15/02/15	Essex County Age Group Championships 2015	Basildon		2
30.93	544	F	29/11/14	Essex Senior Junior Championships	Basildon		2
31.35	522	H	29/03/14	Essex County Age Groups Championships	Basildon	Colchester	2
31.37	521	F	23/03/13	Essex County Age Group Championships	Basildon	Colchester	2
31.38	520	H	21/06/15	Colchester 2nd Midsummer Madness Open Meet	Colchester		3
31.47	516	H	22/06/14	Colchester SC Midsummer Madness Open Meet	Colchester	Colchester	3
31.82	499	H	23/03/13	Essex County Age Group Championships	Basildon	Colchester	2
31.83	499	F	30/11/13	Colchester Club Championships	Colchester	Colchester	4
31.88	496	F	29/03/14	Essex County Age Groups Championships	Basildon	Colchester	2
33.37	433	H	30/06/12	Colchester SC Open Meet	Colchester	Colchester	3
33.48	428	H	31/03/12	Essex County Championships	Basildon	Colchester	2
33.82	416	F	31/03/12	Essex County Championships	Basildon	Colchester	2
34.11	405	F	12/05/12	West Suffolk Open Meet	Bury St Edmunds	Colchester	3
34.22	401	H	01/12/12	Colchester Club Championships	Colchester	Colchester	4
36.69	325	H	23/10/11	teamipswich 13th Open Meet	Ipswich	Colchester	2
37.28	310	H	17/04/11	Halstead 2nd Short Course Open Meet	Braintree	Colchester	3
37.31	309	H	28/05/11	Colchester Open Meet 2011	Colchester	Colchester	3
37.31	309	H	03/12/11	Colchester Club Championships	Colchester	Colchester	4
39.09	269	H	04/12/10	Colchester Club Champs	Colchester	Colchester	4
39.87	254	H	29/05/10	Colchester Open Meet 2010	Colchester	Colchester	3
40.05	250	F	24/01/10	Essex County Champs	Grays	Colchester	2
40.19	247	H	24/01/10	Essex County Champs	Grays	Colchester	2
41.15	231	H	28/11/09	Colchester Club Champs	Colchester	Colchester	4
42.25	213	H	24/01/09	Essex County AG Champs	Grays	Colchester	2
42.32	212	F	05/07/09	Braintree & Bocking Sprint	Braintree	Colchester	3
42.63	207	H	23/05/09	Colchester Open Meet 09	Colchester	Colchester	3
43.75	192	H	05/07/09	Braintree & Bocking Sprint	Braintree	Colchester	3
44.89	177	H	15/11/08	Colchester Club Champs	Colchester	Colchester	4
54.99	96	H	24/05/08	Colchester Open Meet 2008	Colchester	Colchester	3

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28.99	660	H	14/12/18	SE Winter Championships 2018	Sheffield	Colchester	2
29.46	629	F	10/11/18	BUCS Short Course Swimming Championships 2018	Sheffield		2
29.07	655	H	10/11/18	BUCS Short Course Swimming Championships 2018	Sheffield		2
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29.17	648	H	11/11/17	BUCS Short Course Swimming Championships	Sheffield		2
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29.19	647	H	17/12/16	ASA Winter Meet 2016	Sheffield	Colchester	2
29.81	607	F	29/10/16	Essex Senior Winter Championships 2016	Basildon	Colchester	2
29.58	621	H	29/10/16	Essex Senior Winter Championships 2016	Basildon	Colchester	2
29.30	640	R	23/10/16	ASA National County Teams Division 1	Sheffield	Essex	2
29.87	604	F	02/10/16	Cambridge Grand Prix Regional & National Qualifier	Cambridge	Colchester	2
29.76	610	H	02/10/16	Cambridge Grand Prix Regional & National Qualifier	Cambridge	Colchester	2
29.23	644	F	25/09/16	BPSC Season Opener	Basildon	Colchester	2

29.18	647	H	25/09/16	BPSC Season Opener	Basildon	Colchester	2
29.80	608	H	19/06/16	Colchester 3rd Midsummer Madness Meet 2016	Colchester	Colchester	3
30.57	563	F	22/11/15	Guildford City SC November L2 Open Meet	Surrey	Colchester	2
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30.70	556	H	15/02/15	Essex County Age Group Championships 2015	Basildon		2
30.93	544	F	29/11/14	Essex Senior Junior Championships	Basildon		2
30.51	566	H	29/11/14	Essex Senior Junior Championships	Basildon		2
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