

Individual Best Times (All Time)

Ben Lowndes - (5178) - Guernsey Swimming Club - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
24.09	586		27/10/06	Tigers AIB 25th Autumn	Jersey	Guernsey	2
24.12	583		24/01/03	Channel Islands (Jersey)	Fort Regent	Guernsey	2
24.22	576	F	23/10/15	Walkers Tigers 34th Autumn Open Meet 2015	Jersey	Guernsey	2
24.42	562		24/05/09	Beau Sejour Barracudas NRG	Guernsey	Guernsey	2
24.45	560		09/04/04	Reading Easter Open Meet	Reading	Guernsey	2
24.48	558		25/05/07	Beau Sejour Barracudas	Guernsey	Guernsey	1
24.49	557	F	24/05/15	The Specsavers Open Meet	Guernsey	Guernsey	2
24.50	557	F	21/11/10	Guernsey Island Champs	Guernsey	Guernsey	3
24.50	557	F	25/10/13	Tigers (Jersey) SC32nd Autumn Open Meet	Jersey	Guernsey	2
24.57	552		09/04/04	Reading Easter Open Meet	Reading	Guernsey	2
24.57	552	F	20/03/16	Guernsey Island Championships (Closed)	Guernsey	Guernsey	3
24.62	549	F	25/01/14	The Channel Islands Closed Swimming Champ	Les Queinevais	Guernsey	2
24.64	547	F	30/06/11	Nat West Island Games 2011	Isle of Wight	Guernsey	3
24.66	546		26/03/04	Guernsey Island Championships	Guernsey	Guernsey	2
24.68	545		28/03/03	Guernsey Island Championships	Guernsey	Guernsey	2
24.68	545	F	24/10/14	Walkers Tigers 33rd Open Meet	Jersey	Guernsey	2
24.69	544		19/04/02	Guernsey Island Championships	Guernsey	Guernsey	2
24.70	543	F	01/07/18	The Barracuda 30th Open Meet 2018	Guernsey	Guernsey	2
24.72	542		19/01/08	Channel Island Champs	Jersey & Guernsey	Guernsey	2
24.73	541		18/04/03	Reading Open Meet 2003	Reading	Guernsey	2
24.73	541	F	26/11/16	Channel Island Closed Swimming Championships	Les Quennevais	Guernsey	3
24.73	541	F	20/10/17	Walkers Tigers Annual Autumn Open Meet 2017	St Brelade	Guernsey	2
24.74	541		20/01/07	Channel Island Champs	Guernsey	Guernsey	2
24.76	539		23/11/07	Guernsey Island Champs	Guernsey	Guernsey	3
24.78	538		23/05/03	Beau Sejour Barracudas Meet	Guernsey	Guernsey	2
24.79	537		18/04/03	Reading Open Meet 2003	Reading	Guernsey	2
24.79	537		21/02/06	Guernsey Island Champs	Guernsey	Guernsey	1

24.79	537		21/03/06	Guernsey Island Champs	Guernsey	Guernsey	1
24.79	537		26/10/07	AIB Jersey Tigers Open	St Brelade	Guernsey	2
24.81	536	F	23/11/14	Guernsey Island Championships	Guernsey	Guernsey	3
24.81	536	F	08/07/17	Rothschilds 50m Sprint Gala	St Sampson	Guernsey	4
24.82	535	F	22/11/15	Rothschilds Island Championship	Guernsey	Guernsey	3
24.82	535	F	07/05/17	The Specsavers Meet 2017	Guernsey	Guernsey	2
24.83	535	F	13/02/16	Guernsey ASA 50m Sprint Gala	Guernsey	Guernsey	4
24.85	533	F	29/06/14	Beau Sejour Barracudas Specsavers Open Meet	Guernsey	Guernsey	2
24.86	533		22/10/04	Tigers 23rd Autumn Open Meet	Les Quennevais	Guernsey	2
24.87	532	H	30/06/11	Nat West Island Games 2011	Isle of Wight	Guernsey	3
24.87	532	F	24/01/15	Channel Island Closed Swimming Champs	Guernsey	Guernsey	2
24.88	532	F	30/05/10	Beau Sejour Barracudas Meet	Guernsey	Guernsey	2
24.90	530		26/05/06	Beau Sejour Barracuda	Guernsey	Guernsey	1
24.90	530		23/11/08	Guernsey Island Champs	Guernsey	Guernsey	4
24.91	530	H	13/03/05	Hampshire County Champs 2005	Southampton	Guernsey	2
24.91	530		25/03/05	Reading Easter Open Meet	Reading	Guernsey	2
24.93	528		22/04/05	Guernsey Island Championships	Guernsey	Guernsey	2
24.94	528	H	29/03/02	AIB Tigers Easter Meet	Fort Regent, Jersey	Guernsey	2
24.94	528	F	14/07/05	Natwest Island Games	Shetland	Guernsey	2
24.94	528	F	22/01/11	Channel Island Closed Swimming Champs	Guernsey	Guernsey	2
24.94	528	F	24/11/18	CHANNEL ISLAND CLOSED SWIMMING CHAMPS	LES QUENNEVAIS	Guernsey	2
24.95	527	F	19/06/16	The Specsavers Open Meet 2016	Guernsey	Guernsey	2
24.96	526		28/10/05	Tigers 24th Autumn Open Mt	St Brelade	Guernsey	2
24.98	525	F	29/05/11	Beau Sejour Barracudas Open Meet 2011	Guernsey	Guernsey	2
24.98	525	F	15/12/12	Jersey SC 45th Annual Age Group Champs	Jersey	Guernsey	2
25.00	524	F	10/03/18	Guernsey 50M Sprint Gala	St Sampsons School	Guernsey	4
25.03	522	H	16/03/03	Hampshire County Champs 2003	Various	Guernsey	2
25.03	522		30/01/04	Guernsey CI Closed Champs	Guernsey	Guernsey	2
25.04	521	F	18/02/17	Specsavers 50m Sprint Gala	St Sampsons	Guernsey	4
25.05	521		28/05/04	Beau Sejour Barracudas Meet	Guernsey	Guernsey	2
25.05	521		25/03/05	Reading Easter Open Meet	Reading	Guernsey	2
25.05	521		25/01/09	Channel Islands Champs	Guernsey	Guernsey	2
25.05	521	F	25/03/18	Rothschild Island Championships	St Sampsons School	Guernsey	3
25.08	519	F	09/06/18	Rothschild 50m Sprint Gala	St Sampsons High Sch	Guernsey	4
25.10	518	F	13/03/05	Hampshire County Champs 2005	Southampton	Guernsey	2
25.10	518	H	14/07/05	Natwest Island Games	Shetland	Guernsey	2
25.10	518		18/03/07	Hampshire County Champs	Southampton	Guernsey	2
25.10	518	F	19/01/13	Channel Island Championships	Guernsey	Guernsey	2
25.10	518	F	22/06/13	Guernsey Club Championships	Guernsey	Guernsey	4
25.12	516	F	21/01/12	Channel Island Closed Championships	Les Quennevais	Guernsey	2
25.13	516	H	14/03/04	Hampshire County Championships	Waterlooville	Guernsey	2
25.13	516	F	07/02/15	Guernsey ASA 50m Sprint Gala	Guernsey	Guernsey	4
25.15	515		30/06/03	Island Games	Guernsey	Guernsey	2
25.17	513	F	10/03/19	Guernsey Amateur Swimming Association LBG	St Sampsons	Guernsey	4
25.18	513	F	26/03/17	Rothschilds Island Championships (Closed)	St Sampsons	Guernsey	3
25.19	512		24/05/02	Beau Senior Barracudas Meet	Guernsey	Guernsey	2
25.20	512	F	21/10/11	AIB Tigers 30th Autumn Open Meet Level 2	Jersey	Guernsey	2
25.22	510	F	26/10/12	Tigers SC 31st Autumn Open Meet	Jersey	Guernsey	2
25.22	510	F	24/11/13	Guernsey Island Championships (Closed)	Guernsey	Guernsey	3
25.25	508	F	30/06/13	The Specsavers Open Meet 2013	Guernsey	Guernsey	2
25.26	508	F	16/03/03	Hampshire County Champs 2003	Various	Guernsey	2
25.27	507	F	24/03/19	Rothschild Island Championships	St Sampsons School	Guernsey	3
25.34	503		27/05/05	Beau Sejour Barracudas Meet	Guernsey	Guernsey	2
25.40	500		18/03/07	Hampshire County Champs	Southampton	Guernsey	2

25.50	494	F	01/07/12	Beau Sejour Barracudas Specsavers Meet	Guernsey	Guernsey	2
25.54	491	F	02/04/11	Jersey 39th Island Championships	LEs Quennevais	Guernsey	2
25.67	484		13/03/10	Hampshire County Champs	Southampton	Guernsey	2
25.67	484	F	25/10/19	Calligo Tigers Annual Autumn Open Meet 2019	St Brelade	Guernsey	2
25.92	470	F	01/07/16	Guernsey Rothschild 50m Sprint Gala	Guernsey	Guernsey	4
26.10	460	F	14/03/04	Hampshire County Championships	Waterlooville	Guernsey	2
26.43	443		25/05/01	Beau Sejour Barracudas Meet	Guernsey Channel Is	Guernsey	2
26.83	424	F	25/11/12	Guernsey Channel Island Championships	Guernsey	Guernsey	3
27.20	407		06/04/01	Guernsey Island Championships	Guernsey	Guernsey	2
27.82	380		26/05/00	Beau Sejour Barracudas Open	Guernsey	Guernsey	2
27.87	378	H	23/04/00	Plymouth Easter Open Meet	Plymouth	Guernsey	2
28.10	369	H	11/03/00	Hampshire County Champs 1-10	Various	Guernsey	2
28.14	367	H	13/02/00	Channel Island Champs, Jersey	Fort Regent, Jersey	Guernsey	2
29.51	318		23/04/99	Island Championships	Guernsey	Guernsey	2
30.11	300	H	04/04/99	Plymouth Leander Easter Meet	Plymouth	Guernsey	2
30.18	298		28/05/99	Beau Sejour Barracudas Open	Guernsey	Guernsey	2
30.77	281		29/01/99	C.I. Closed Champs (Guernsey)	Guernsey	Guernsey	2
31.66	258		22/05/98	Beau Sejour Barracudas Open	Guernsey	Guernsey	2
31.91	252		24/04/98	Island Championships	Guernsey	Guernsey	2
32.35	242	H	25/01/98	C.I. Closed Champs (Jersey)	Les Quennevais	Guernsey	2
33.06	226		12/04/98	Plymouth Leander Easter Meet	Plymouth	Guernsey	2
33.87	210		23/05/97	Killerwhales May Desig. Meet	Fullwell Cross	Guernsey	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
25.67	484	F	25/10/19	Calligo Tigers Annual Autumn Open Meet 2019	St Brelade	Guernsey	2
25.27	507	F	24/03/19	Rothschild Island Championships	St Sampsons School	Guernsey	3
25.17	513	F	10/03/19	Guernsey Amateur Swimming Association LBG	St Sampsons	Guernsey	4
24.94	528	F	24/11/18	CHANNEL ISLAND CLOSED SWIMMING CHAMPS	LES QUENNEVAIS	Guernsey	2
24.70	543	F	01/07/18	The Barracuda 30th Open Meet 2018	Guernsey	Guernsey	2
25.08	519	F	09/06/18	Rothschild 50m Sprint Gala	St Sampsons High Sch	Guernsey	4
25.05	521	F	25/03/18	Rothschild Island Championships	St Sampsons School	Guernsey	3
25.00	524	F	10/03/18	Guernsey 50M Sprint Gala	St Sampsons School	Guernsey	4
24.73	541	F	20/10/17	Walkers Tigers Annual Autumn Open Meet 2017	St Brelade	Guernsey	2
24.81	536	F	08/07/17	Rothschild's 50m Sprint Gala	St Sampson	Guernsey	4
24.82	535	F	07/05/17	The Specsavers Meet 2017	Guernsey	Guernsey	2
25.18	513	F	26/03/17	Rothschild's Island Championships (Closed)	St Sampsons	Guernsey	3
25.04	521	F	18/02/17	Specsavers 50m Sprint Gala	St Sampsons	Guernsey	4
24.73	541	F	26/11/16	Channel Island Closed Swimming Championships	Les Quennevais	Guernsey	3
25.92	470	F	01/07/16	Guernsey Rothschild 50m Sprint Gala	Guernsey	Guernsey	4
24.95	527	F	19/06/16	The Specsavers Open Meet 2016	Guernsey	Guernsey	2
24.57	552	F	20/03/16	Guernsey Island Championships (Closed)	Guernsey	Guernsey	3
24.83	535	F	13/02/16	Guernsey ASA 50m Sprint Gala	Guernsey	Guernsey	4
24.82	535	F	22/11/15	Rothschild's Island Championship	Guernsey	Guernsey	3
24.22	576	F	23/10/15	Walkers Tigers 34th Autumn Open Meet 2015	Jersey	Guernsey	2
24.49	557	F	24/05/15	The Specsavers Open Meet	Guernsey	Guernsey	2
25.13	516	F	07/02/15	Guernsey ASA 50m Sprint Gala	Guernsey	Guernsey	4
24.87	532	F	24/01/15	Channel Island Closed Swimming Champs	Guernsey	Guernsey	2
24.81	536	F	23/11/14	Guernsey Island Championships	Guernsey	Guernsey	3
24.68	545	F	24/10/14	Walkers Tigers 33rd Open Meet	Jersey	Guernsey	2
24.85	533	F	29/06/14	Beau Sejour Barracudas Specsavers Open Meet	Guernsey	Guernsey	2
24.62	549	F	25/01/14	The Channel Islands Closed Swimming Champ	Les Queinevais	Guernsey	2
25.22	510	F	24/11/13	Guernsey Island Championships (Closed)	Guernsey	Guernsey	3

24.50	557	F	25/10/13	Tigers (Jersey) SC32nd Autumn Open Meet	Jersey	Guernsey	2
25.25	508	F	30/06/13	The Specsavers Open Meet 2013	Guernsey	Guernsey	2
25.10	518	F	22/06/13	Guernsey Club Championships	Guernsey	Guernsey	4
25.10	518	F	19/01/13	Channel Island Championships	Guernsey	Guernsey	2
24.98	525	F	15/12/12	Jersey SC 45th Annual Age Group Champs	Jersey	Guernsey	2
26.83	424	F	25/11/12	Guernsey Channel Island Championships	Guernsey	Guernsey	3
25.22	510	F	26/10/12	Tigers SC 31st Autumn Open Meet	Jersey	Guernsey	2
25.50	494	F	01/07/12	Beau Sejour Barracudas Specsavers Meet	Guernsey	Guernsey	2
25.12	516	F	21/01/12	Channel Island Closed Championships	Les Quennevais	Guernsey	2
25.20	512	F	21/10/11	AIB Tigers 30th Autumn Open Meet Level 2	Jersey	Guernsey	2
24.64	547	F	30/06/11	Nat West Island Games 2011	Isle of Wight	Guernsey	3
24.87	532	H	30/06/11	Nat West Island Games 2011	Isle of Wight	Guernsey	3
24.98	525	F	29/05/11	Beau Sejour Barracudas Open Meet 2011	Guernsey	Guernsey	2
25.54	491	F	02/04/11	Jersey 39th Island Championships	LEs Quennevais	Guernsey	2
24.94	528	F	22/01/11	Channel Island Closed Swimming Champs	Guernsey	Guernsey	2
24.50	557	F	21/11/10	Guernsey Island Champs	Guernsey	Guernsey	3
24.88	532	F	30/05/10	Beau Sejour Barracudas Meet	Guernsey	Guernsey	2
25.67	484		13/03/10	Hampshire County Champs	Southampton	Guernsey	2
24.42	562		24/05/09	Beau Sejour Barracudas NRG	Guernsey	Guernsey	2
25.05	521		25/01/09	Channel Islands Champs	Guernsey	Guernsey	2
24.90	530		23/11/08	Guernsey Island Champs	Guernsey	Guernsey	4
24.72	542		19/01/08	Channel Island Champs	Jersey & Guernsey	Guernsey	2
24.76	539		23/11/07	Guernsey Island Champs	Guernsey	Guernsey	3
24.79	537		26/10/07	AIB Jersey Tigers Open	St Brelade	Guernsey	2
24.48	558		25/05/07	Beau Sejour Barracudas	Guernsey	Guernsey	1
25.10	518		18/03/07	Hampshire County Champs	Southampton	Guernsey	2
25.40	500		18/03/07	Hampshire County Champs	Southampton	Guernsey	2
24.74	541		20/01/07	Channel Island Champs	Guernsey	Guernsey	2
24.09	586		27/10/06	Tigers AIB 25th Autumn	Jersey	Guernsey	2
24.90	530		26/05/06	Beau Sejour Barracuda	Guernsey	Guernsey	1
24.79	537		31/03/06	Guernsey Island Champs	Guernsey	Guernsey	1
24.96	526		28/10/05	Tigers 24th Autumn Open Mt	St Brelade	Guernsey	2
24.94	528	F	14/07/05	Natwest Island Games	Shetland	Guernsey	2
25.10	518	H	14/07/05	Natwest Island Games	Shetland	Guernsey	2
25.34	503		27/05/05	Beau Sejour Barracudas Meet	Guernsey	Guernsey	2
24.93	528		22/04/05	Guernsey Island Championships	Guernsey	Guernsey	2
24.91	530		25/03/05	Reading Easter Open Meet	Reading	Guernsey	2
25.05	521		25/03/05	Reading Easter Open Meet	Reading	Guernsey	2
25.10	518	F	13/03/05	Hampshire County Champs 2005	Southampton	Guernsey	2
24.91	530	H	13/03/05	Hampshire County Champs 2005	Southampton	Guernsey	2
24.86	533		22/10/04	Tigers 23rd Autumn Open Meet	Les Quennevais	Guernsey	2
25.05	521		28/05/04	Beau Sejour Barracudas Meet	Guernsey	Guernsey	2
24.45	560		09/04/04	Reading Easter Open Meet	Reading	Guernsey	2
24.57	552		09/04/04	Reading Easter Open Meet	Reading	Guernsey	2
24.66	546		26/03/04	Guernsey Island Championships	Guernsey	Guernsey	2
26.10	460	F	14/03/04	Hampshire County Championships	Waterlooville	Guernsey	2
25.13	516	H	14/03/04	Hampshire County Championships	Waterlooville	Guernsey	2
25.03	522		30/01/04	Guernsey CI Closed Champs	Guernsey	Guernsey	2
25.15	515		30/06/03	Island Games	Guernsey	Guernsey	2
24.78	538		23/05/03	Beau Sejour Barracudas Meet	Guernsey	Guernsey	2
24.73	541		18/04/03	Reading Open Meet 2003	Reading	Guernsey	2
24.79	537		18/04/03	Reading Open Meet 2003	Reading	Guernsey	2
24.68	545		28/03/03	Guernsey Island Championships	Guernsey	Guernsey	2
25.26	508	F	16/03/03	Hampshire County Champs 2003	Various	Guernsey	2

25.03	522	H	16/03/03	Hampshire County Champs 2003	Various	Guernsey	2
24.12	583		24/01/03	Channel Islands (Jersey)	Fort Regent	Guernsey	2
25.19	512		24/05/02	Beau Senior Barracudas Meet	Guernsey	Guernsey	2
24.69	544		19/04/02	Guernsey Island Championships	Guernsey	Guernsey	2
24.94	528	H	29/03/02	AIB Tigers Easter Meet	Fort Regent, Jersey	Guernsey	2
26.43	443		25/05/01	Beau Sejour Barracudas Meet	Guernsey Channel Is	Guernsey	2
27.20	407		06/04/01	Guernsey Island Championships	Guernsey	Guernsey	2
27.82	380		26/05/00	Beau Sejour Barracudas Open	Guernsey	Guernsey	2
27.87	378	H	23/04/00	Plymouth Easter Open Meet	Plymouth	Guernsey	2
28.10	369	H	11/03/00	Hampshire County Champs 1-10	Various	Guernsey	2
28.14	367	H	13/02/00	Channel Island Champs, Jersey	Fort Regent, Jersey	Guernsey	2
30.18	298		28/05/99	Beau Sejour Barracudas Open	Guernsey	Guernsey	2
29.51	318		23/04/99	Island Championships	Guernsey	Guernsey	2
30.11	300	H	04/04/99	Plymouth Leander Easter Meet	Plymouth	Guernsey	2
30.77	281		29/01/99	C.I. Closed Champs (Guernsey)	Guernsey	Guernsey	2
31.66	258		22/05/98	Beau Sejour Barracudas Open	Guernsey	Guernsey	2
31.91	252		24/04/98	Island Championships	Guernsey	Guernsey	2
33.06	226		12/04/98	Plymouth Leander Easter Meet	Plymouth	Guernsey	2
32.35	242	H	25/01/98	C.I. Closed Champs (Jersey)	Les Quennevais	Guernsey	2
33.87	210		23/05/97	Killerwhales May Desig. Meet	Fullwell Cross	Guernsey	2