

Individual Best Times (All Time)

Emily Locke - (517199) - Southwold Swimming Club - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:20.17	470	F	22/11/15	Aquae Sulis Grand Prix	Bristol	Southwold	2
1:20.69	461	H	07/11/15	ASA South West Short Course Championships	Millfield		2
1:21.23	452	F	07/03/15	Gloucestershire County Championships	Gloucester	Southwold	2
1:21.54	447	F	18/10/15	GCSC Level 2 October Meet	Gloucester	Southwold	2
1:21.68	445	F	08/03/14	Gloucester County ASA Championships	Gloucester	Southwold	2
1:21.94	440	F	11/05/14	Gloucester City L2 Open Meet	Gloucester	Southwold	2
1:22.26	435	F	24/05/15	Southwold May Meet	Gloucester	Southwold	3
1:22.49	432	F	09/11/14	Southwold Club Championships	Yate	Southwold	4
1:22.50	431	F	19/10/14	Gloucester City SC Level 3 Open Meet	Gloucester	Southwold	3
1:22.64	429	H	15/11/14	Hereford 25th Anniversary Open Meet	Hereford		3
1:23.53	416	F	14/10/13	Southwold SC Club Championships 2013	Gloucester	Southwold	4
1:23.66	414	H	02/03/13	Gloucestershire County Championships	Gloucester	Southwold	2
1:25.14	392	H	16/11/13	City of Hereford Open Meet	Hereford	Southwold	3
1:26.06	380	F	26/05/13	Southwold SC May Meet	Weston	Southwold	3
1:28.03	355	F	03/10/12	Southwold SC Club Championships 2012	Southwold	Southwold	4
1:28.54	349	F	27/05/12	Southwold SC May Meet	Hutton Moor	Southwold	3
1:29.17	342	H	07/04/12	Weston SC 10th Easter Open Meet	Weston-Super-Mare	Southwold	3
1:29.52	338	H	03/03/12	Gloucestershire County Championships	Gloucester	Southwold	2
1:31.47	316	F	15/12/12	Yeovil & District 2012 Christmas Open Meet	Millfield	Southwold	3
1:31.82	313	F	07/10/12	Gloucester City Level 3 Open Meet	Gloucester	Southwold	3
1:35.88	275	H	23/04/11	Weston super Mare 9th Easter Open Meet	Weston super Mare	Southwold	3
1:36.13	272	H	05/03/11	Gloucester County Championships	Bristol	Southwold	2
1:36.25	271	H	03/04/11	Salisbury Stingrays Spring Open Meet	Salisbury	Southwold	3
1:37.27	263		07/05/11	Gloucester City Level 2 Open Meet	Gloucester	Southwold	2
1:37.31	263	F	30/10/11	Southwold SC Club Championships	Southwold	Southwold	4
1:37.35	262		01/10/11	Gloucester City Open Meet	Gloucester	Southwold	3
1:41.06	234	F	09/11/10	Southwold Club Championships	Yate	Southwold	4

1:41.06	204	F	28/11/10	Southwold Club Championships	Yate	Southwold	4
1:41.92	229	H	03/04/10	Weston Super Mare Easter	Hutton Moor	Southwold	3
1:49.50	184	F	15/11/09	Southwold Club Champs	Southwold	Southwold	4
1:51.46	175		25/10/09	Greater Gwent Fast Water	Newport	Southwold	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:20.17	470	F	22/11/15	Aquae Sulis Grand Prix	Bristol	Southwold	2
1:20.69	461	H	07/11/15	ASA South West Short Course Championships	Millfield		2
1:21.54	447	F	18/10/15	GCSC Level 2 October Meet	Gloucester	Southwold	2
1:22.26	435	F	24/05/15	Southwold May Meet	Gloucester	Southwold	3
1:21.23	452	F	07/03/15	Gloucestershire County Championships	Gloucester	Southwold	2
1:22.64	429	H	15/11/14	Hereford 25th Anniversary Open Meet	Hereford		3
1:22.49	432	F	09/11/14	Southwold Club Championships	Yate	Southwold	4
1:22.50	431	F	19/10/14	Gloucester City SC Level 3 Open Meet	Gloucester	Southwold	3
1:21.94	440	F	11/05/14	Gloucester City L2 Open Meet	Gloucester	Southwold	2
1:21.68	445	F	08/03/14	Gloucester County ASA Championships	Gloucester	Southwold	2
1:25.14	392	H	16/11/13	City of Hereford Open Meet	Hereford	Southwold	3
1:23.53	416	F	14/10/13	Southwold SC Club Championships 2013	Gloucester	Southwold	4
1:26.06	380	F	26/05/13	Southwold SC May Meet	Weston	Southwold	3
1:23.66	414	H	02/03/13	Gloucestershire County Championships	Gloucester	Southwold	2
1:31.47	316	F	15/12/12	Yeovil & District 2012 Christmas Open Meet	Millfield	Southwold	3
1:31.82	313	F	07/10/12	Gloucester City Level 3 Open Meet	Gloucester	Southwold	3
1:28.03	355	F	03/10/12	Southwold SC Club Championships 2012	Southwold	Southwold	4
1:28.54	349	F	27/05/12	Southwold SC May Meet	Hutton Moor	Southwold	3
1:29.17	342	H	07/04/12	Weston SC 10th Easter Open Meet	Weston-Super-Mare	Southwold	3
1:29.52	338	H	03/03/12	Gloucestershire County Championships	Gloucester	Southwold	2
1:37.31	263	F	30/10/11	Southwold SC Club Championships	Southwold	Southwold	4
1:37.35	262		01/10/11	Gloucester City Open Meet	Gloucester	Southwold	3
1:37.27	263		07/05/11	Gloucester City Level 2 Open Meet	Gloucester	Southwold	2
1:35.88	275	H	23/04/11	Weston super Mare 9th Easter Open Meet	Weston super Mare	Southwold	3
1:36.25	271	H	03/04/11	Salisbury Stingrays Spring Open Meet	Salisbury	Southwold	3
1:36.13	272	H	05/03/11	Gloucester County Championships	Bristol	Southwold	2
1:41.06	234	F	28/11/10	Southwold Club Championships	Yate	Southwold	4
1:41.92	229	H	03/04/10	Weston Super Mare Easter	Hutton Moor	Southwold	3
1:49.50	184	F	15/11/09	Southwold Club Champs	Southwold	Southwold	4
1:51.46	175		25/10/09	Greater Gwent Fast Water	Newport	Southwold	2