

Individual Best Times (All Time)

Emily Locke - (517199) - Southwold Swimming Club - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
37.21	443	F	30/01/16	Gloucester County ASA Championships	Gloucester	Southwold	2
37.24	442	F	29/05/16	Southwold May Meet	Gloucester	Southwold	3
37.28	440	F	18/10/15	GCSC Level 2 October Meet	Gloucester	Southwold	2
37.44	435	H	05/07/15	ASA South West Fast 5 Competition	Gloucester		3
37.52	432	F	24/05/15	Southwold May Meet	Gloucester	Southwold	3
37.74	424	H	03/07/16	ASA SWR Fast 5 Competitin	Gloucester	Southwold	3
37.82	422	F	08/02/15	Gloucestershire County Championships	Gloucester	Southwold	2
37.85	421	H	16/11/14	Hereford 25th Anniversary Open Meet	Hereford		3
38.13	411	H	06/07/14	BG ASA South West Fast 5 Competition	Gloucester	Southwold	3
38.15	411	F	09/02/14	Gloucester County ASA Championships	Gloucester	Southwold	2
38.24	408	H	02/07/17	ASA SWR Fast 5 Competition	Gloucester	Southwold	3
38.42	402	H	07/07/13	ASA South West Region Events Age Groups	Gloucester	Southwold	3
39.38	373	H	17/11/13	City of Hereford Open Meet	Hereford	Southwold	3
39.52	369	F	13/10/13	Southwold SC Club Championships 2013	Gloucester	Southwold	4
39.79	362	H	10/02/13	Gloucestershire County Champs	Gloucester	Southwold	2
40.53	342	F	12/10/14	Southwold Club Championships	Yate	Southwold	4
40.77	336	F	26/05/13	Southwold SC May Meet	Weston	Southwold	3
41.07	329	H	30/06/12	British Gas ASA SWR Sprint Comp	Gloucester	Southwold	3
41.19	326	H	19/02/12	Gloucestershire County Championships	Gloucester	Southwold	2
41.51	319	H	08/04/12	Weston SC 10th Easter Open Meet	Weston-Super-Mare	Southwold	3
41.95	309	F	27/05/12	Southwold SC May Meet	Hutton Moor	Southwold	3
42.53	296	F	01/10/12	Southwold SC Club Championships 2012	Southwold	Southwold	4
42.66	294	F	01/10/12	Southwold SC Club Championships 2012	Southwold	Southwold	4
43.12	284	H	12/02/11	Gloucester County Championships	Gloucester	Southwold	2
43.99	268		02/10/11	Gloucester City Open Meet	Gloucester	Southwold	3
45.03	250	F	29/10/11	Southwold SC Club Championships	Southwold	Southwold	4
45.05	244	F	10/10/10	Newport Ynys Cochran	Newport	Southwold	4

45.55	244	F	12/12/10	Newport Xmas Cracker	Newport	Southwold	
46.17	232		03/10/10	Gloucester Open Meet	Gloucester	Southwold	2
46.68	224	F	27/11/10	Southwold Club Championships	Easton	Southwold	4
47.58	211	H	04/07/10	ASA SWR Sprint Comp	Gloucester	Southwold	3
49.61	187	H	04/04/10	Weston Super Mare Easter	Hutton Moor	Southwold	3
50.41	178	H	19/07/09	Tigersharks Separate Med	Swindon	Southwold	3
51.93	163		24/10/09	Greater Gwent Fast Water	Newport	Southwold	2
52.16	160	F	04/10/09	Southwold Club Champs	Southwold	Southwold	4
52.92	154	H	31/01/09	Gloucester County Champs	Weston Super Mare	Southwold	2
53.84	146	H	12/04/09	Weston Super Mare Open	Hutton Moor	Southwold	2

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