

Individual Best Times (All Time)

Emily Locke - (517199) - Southwold Swimming Club - 100 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:11.31	497	F	21/11/15	Aquae Sulis Grand Prix	Bristol	Southwold	2
1:11.83	486	F	08/02/15	Gloucestershire County Championships	Gloucester	Southwold	2
1:12.10	481	H	05/07/15	ASA South West Fast 5 Competition	Gloucester		3
1:12.36	476	F	30/01/16	Gloucester County ASA Championships	Gloucester	Southwold	2
1:12.72	469	H	07/11/15	ASA South West Short Course Championships	Millfield		2
1:13.13	461	F	19/11/16	Aquae Sulis Autumn Level 2 Meet	Bristol	Southwold	2
1:13.35	457	H	03/07/16	ASA SWR Fast 5 Competitin	Gloucester	Southwold	3
1:13.44	455	H	06/07/14	BG ASA South West Fast 5 Competition	Gloucester	Southwold	3
1:13.66	451	F	09/02/14	Gloucester County ASA Championships	Gloucester	Southwold	2
1:13.87	447	H	02/07/17	ASA SWR Fast 5 Competition	Gloucester	Southwold	3
1:16.15	408	H	07/07/13	ASA South West Region Events Age Groups	Gloucester	Southwold	3
1:16.47	403	F	26/05/13	Southwold SC May Meet	Weston	Southwold	3
1:17.73	384	H	10/02/13	Gloucestershire County Champs	Gloucester	Southwold	2
1:18.57	372	F	05/10/14	Southwold Club Championships	Yate	Southwold	4
1:18.93	366	F	14/10/13	Southwold SC Club Championships 2013	Gloucester	Southwold	4
1:19.41	360	H	19/02/12	Gloucestershire County Championships	Gloucester	Southwold	2
1:19.48	359	F	27/05/12	Southwold SC May Meet	Hutton Moor	Southwold	3
1:19.81	354	H	30/06/12	British Gas ASA SWR Sprint Comp	Gloucester	Southwold	3
1:21.66	331	H	08/04/12	Weston SC 10th Easter Open Meet	Weston-Super-Mare	Southwold	3
1:21.97	327	F	02/10/12	Southwold SC Club Championships 2012	Southwold	Southwold	4
1:24.75	296		02/10/11	Gloucester City Open Meet	Gloucester	Southwold	3
1:24.78	296	H	05/03/11	Gloucester County Championships	Bristol	Southwold	2
1:25.73	286	H	03/04/11	Salisbury Stingrays Spring Open Meet	Salisbury	Southwold	3
1:25.88	284	F	25/09/11	Southwold SC Club Championships	Southwold	Southwold	4
1:29.19	254	F	30/10/10	Southwold Club Championships	Yate	Southwold	4
1:29.81	249	H	04/07/10	ASA SWR Sprint Comp	Gloucester	Southwold	3
1:31.47	235	H	07/02/10	Gloucester County Champs	Bristol	Southwold	2

1:31.47	233	H	27/02/10	Gloucester County Champs	Bristol	Southwold	
1:32.01	231	H	04/04/10	Weston Super Mare Easter	Hutton Moor	Southwold	3
1:41.17	174	H	12/04/09	Weston Super Mare Open	Hutton Moor	Southwold	2
1:42.73	166	H	01/03/09	Gloucester County Champs	Bristol	Southwold	2
1:42.91	165	F	11/10/09	Southwold Club Champs	Southwold	Southwold	4

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