

# Individual Best Times (All Time)

Emily Locke - (517199) - Southwold Swimming Club - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:31.43	476	F	07/02/15	Gloucestershire County Championships	Gloucester	Southwold	2
5:33.75	467	F	31/01/16	Gloucester County ASA Championships	Gloucester	Southwold	2
5:35.18	461	F	08/02/14	Gloucester County ASA Championships	Gloucester	Southwold	2
5:37.14	453	F	14/10/13	Southwold SC Club Championships 2013	Gloucester	Southwold	4
5:44.30	425	H	09/02/13	Gloucestershire County Champs	Gloucester	Southwold	2
5:45.40	421	H	17/11/13	City of Hereford Open Meet	Hereford	Southwold	3
5:52.90	395	F	15/12/12	Yeovil & District 2012 Christmas Open Meet	Millfield	Southwold	3
5:55.01	388	F	12/05/12	Gloucester City SC L2 Open Meet	Gloucester	Southwold	2
5:55.56	386	F	12/10/14	Southwold Club Championships	Yate	Southwold	4
5:59.47	373	F	06/10/12	Gloucester City Level 3 Open Meet	Gloucester	Southwold	3
6:03.93	360	H	08/04/12	Weston SC 10th Easter Open Meet	Weston-Super-Mare	Southwold	3
6:09.02	345	H	18/02/12	Gloucestershire County Championships	Gloucester	Southwold	2
6:14.35	330	F	30/09/12	Southwold SC Club Championships 2012	Southwold	Southwold	4
6:22.18	311		01/10/11	Gloucester City Open Meet	Gloucester	Southwold	3
6:28.44	296	H	24/04/11	Weston super Mare 9th Easter Open Meet	Weston super Mare	Southwold	3
6:33.59	284	H	13/02/11	Gloucester County Championships	Gloucester	Southwold	2
6:41.48	268	F	26/09/10	Southwold Club Championships	Yate	Southwold	4

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