## **Individual Best Times (All Time)**

Emily Locke - (517199) - Southwold Swimming Club - 200 Backstroke - Short Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:39.42	415	F	07/03/15	Gloucestershire County Championships	Gloucester	Southwold	2
2:45.56	370	Н	02/03/13	Gloucestershire County Championships	Gloucester	Southwold	2
2:48.46	351	F	08/03/14	Gloucester County ASA Championships	Gloucester	Southwold	2
2:53.31	323	F	14/10/13	Southwold SC Club Championships 2013	Gloucester	Southwold	4
2:56.70	304	F	07/10/12	Gloucester City Level 3 Open Meet	Gloucester	Southwold	3
2:58.08	297	Н	03/03/12	Gloucestershire County Championships	Gloucester	Southwold	2
3:00.06	288	F	01/10/12	Southwold SC Club Championships 2012	Southwold	Southwold	4
3:04.47	268		02/10/11	Gloucester City Open Meet	Gloucester	Southwold	3
3:04.91	266		03/07/11	Gloucester City Open Meet	Gloucester	Southwold	3
3:05.20	264	Н	26/03/11	Gloucester County Championships	Gloucester	Southwold	2
3:12.40	236	F	29/10/11	Southwold SC Club Championships	Southwold	Southwold	4
3:14.89	227	F	01/05/10	City of Newport Spring Meet	Newport	Southwold	1
3:19.23	212	F	27/11/10	Southwold Club Championships	Easton	Southwold	4
3:20.60	208	Н	13/03/10	Gloucester County Champs	Gloucester	Southwold	2
3:42.00	153	F	04/10/09	Southwold Club Champs	Southwold	Southwold	4

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3:12.40 Copyright 2024	236 1	F	29/10/11	Southwold SC Club Championships	Southwold	Southwold Powered By SPORTS	4 SYSTEMS

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3:04.47	268		02/10/11	Gloucester City Open Meet	Gloucester	Southwold	3
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