

Individual Best Times (All Time)

Emily Locke - (517199) - Southwold Swimming Club - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
34.13	404	H	03/07/16	ASA SWR Fast 5 Competitin	Gloucester	Southwold	3
34.19	402	F	30/01/16	Gloucester County ASA Championships	Gloucester	Southwold	2
34.46	393	F	08/02/15	Gloucestershire County Championships	Gloucester	Southwold	2
34.51	391	H	05/07/15	ASA South West Fast 5 Competition	Gloucester		3
35.07	373	H	02/07/17	ASA SWR Fast 5 Competition	Gloucester	Southwold	3
35.24	367	F	08/02/14	Gloucester County ASA Championships	Gloucester	Southwold	2
35.78	351	H	06/07/14	BG ASA South West Fast 5 Competition	Gloucester	Southwold	3
36.00	345	F	14/10/13	Southwold SC Club Championships 2013	Gloucester	Southwold	4
36.19	339	H	07/07/13	ASA South West Region Events Age Groups	Gloucester	Southwold	3
36.64	327	H	16/11/13	City of Hereford Open Meet	Hereford	Southwold	3
36.93	319	H	09/02/13	Gloucestershire County Champs	Gloucester	Southwold	2
37.50	305	F	04/10/14	Southwold Club Championships	Yate	Southwold	4
37.80	298	H	30/06/12	British Gas ASA SWR Sprint Comp	Gloucester	Southwold	3
39.04	270	F	30/09/12	Southwold SC Club Championships 2012	Southwold	Southwold	4
39.11	269	H	08/04/12	Weston SC 10th Easter Open Meet	Weston-Super-Mare	Southwold	3
39.62	258	H	18/02/12	Gloucestershire County Championships	Gloucester	Southwold	2
39.94	252	F	30/09/12	Southwold SC Club Championships 2012	Southwold	Southwold	4
41.04	232		02/10/11	Gloucester City Open Meet	Gloucester	Southwold	3
41.19	230		03/07/11	Gloucester City Open Meet	Gloucester	Southwold	3
41.27	229	F	09/10/11	Southwold SC Club Championships	Southwold	Southwold	4
41.32	228	H	06/03/11	Gloucester County Championships	Bristol	Southwold	2
42.04	216	H	28/02/10	Gloucester County Champs	Bristol	Southwold	2
42.09	215	F	12/12/10	Newport Xmas Cracker	Newport	Southwold	4
42.11	215	H	24/04/11	Weston super Mare 9th Easter Open Meet	Weston super Mare	Southwold	3
43.26	198	H	04/07/10	ASA SWR Sprint Comp	Gloucester	Southwold	3
44.44	183	F	26/09/10	Southwold Club Championships	Yate	Southwold	4
45.17	174	H	04/04/10	Weston Super Mare Easter	Weston Super Mare	Southwold	3

43.17	174	H	04/04/10	Weston Super Mare Easter	Hutton Moor	Southwold	3
45.43	171	F	03/10/09	Southwold Club Champs	Southwold	Southwold	4
47.12	153		25/10/09	Greater Gwent Fast Water	Newport	Southwold	2
49.75	130	H	19/07/09	Tigersharks Separate Med	Swindon	Southwold	3
49.91	129	H	12/04/09	Weston Super Mare Open	Hutton Moor	Southwold	2
54.25	100	H	01/02/09	Gloucester County Champs	Weston Super Mare	Southwold	2

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