

Individual Best Times (All Time)

Emily Locke - (517199) - Southwold Swimming Club - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
28.79	505	F	21/11/15	Aquae Sulis Grand Prix	Bristol	Southwold	2
29.37	475	F	31/01/16	Gloucester County ASA Championships	Gloucester	Southwold	2
29.49	470	F	24/05/15	Southwold May Meet	Gloucester	Southwold	3
29.56	466	H	11/11/17	BUCS Short Course Swimming Championships	Sheffield		2
29.68	461	F	07/02/15	Gloucestershire County Championships	Gloucester	Southwold	2
29.86	452	H	05/07/15	ASA South West Fast 5 Competition	Gloucester		3
29.96	448	H	02/07/17	ASA SWR Fast 5 Competition	Gloucester	Southwold	3
30.17	439	F	09/02/14	Gloucester County ASA Championships	Gloucester	Southwold	2
30.23	436	H	06/07/14	BG ASA South West Fast 5 Competition	Gloucester	Southwold	3
30.29	433	H	03/07/16	ASA SWR Fast 5 Competitin	Gloucester	Southwold	3
30.43	427	F	18/10/14	Gloucester City SC Level 3 Open Meet	Gloucester	Southwold	3
30.45	427	H	15/11/14	Hereford 25th Anniversary Open Meet	Hereford		3
30.53	423	H	16/11/13	City of Hereford Open Meet	Hereford	Southwold	3
30.72	415	F	14/10/13	Southwold SC Club Championships 2013	Gloucester	Southwold	4
30.84	411	H	07/07/13	ASA South West Region Events Age Groups	Gloucester	Southwold	3
31.18	397	F	26/05/13	Southwold SC May Meet	Weston	Southwold	3
31.42	388	H	10/02/13	Gloucestershire County Champs	Gloucester	Southwold	2
31.42	388	F	04/10/14	Southwold Club Championships	Yate	Southwold	4
31.57	383	H	30/06/12	British Gas ASA SWR Sprint Comp	Gloucester	Southwold	3
32.10	364	H	19/02/12	Gloucestershire County Championships	Gloucester	Southwold	2
32.54	349	F	15/12/12	Yeovil & District 2012 Christmas Open Meet	Millfield	Southwold	3
32.71	344	H	07/04/12	Weston SC 10th Easter Open Meet	Weston-Super-Mare	Southwold	3
32.72	344	H	30/09/12	Southwold SC Club Championships 2012	Southwold	Southwold	4
32.82	341	H	12/02/11	Gloucester County Championships	Gloucester	Southwold	2
33.17	330	F	09/10/11	Southwold SC Club Championships	Southwold	Southwold	4
34.15	302	F	12/12/10	Newport Xmas Cracker	Newport	Southwold	4
34.15	302	F	20/02/13	Southwold SC Club Championships 2013	Southwold	Southwold	4

34.13	302	F	30/09/12	Southwold SC Club Championships 2012	Southwold	Southwold	4
34.26	299		01/10/11	Gloucester City Open Meet	Gloucester	Southwold	3
34.51	293	H	04/07/10	ASA SWR Sprint Comp	Gloucester	Southwold	3
35.19	276		02/10/10	Gloucester Open Meet	Gloucester	Southwold	2
35.41	271	F	26/09/10	Southwold Club Championships	Yate	Southwold	4
36.89	240	H	03/04/10	Weston Super Mare Easter	Hutton Moor	Southwold	3
37.89	221	F	03/10/09	Southwold Club Champs	Southwold	Southwold	4
38.52	210	H	19/07/09	Tigersharks Separate Med	Swindon	Southwold	3
39.56	194		20/06/09	Gloucester City Open	Gloucester	Southwold	3

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