

Individual Best Times (All Time)

Ryan Alexander - (515890) - Sudbury & District SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
32.69	309		27/06/15	Suffolk County ASA Development Championships	Newmarket	Sudbury	3
32.97	301	H	15/11/14	BUCS Short Course 2014	Sheffield		2
33.06	299		12/01/14	Sudbury & District January Time Trials	Sudbury	Sudbury	3
33.36	291		11/01/13	Sudbury & District Last Chance Open Meet	Sudbury	Sudbury	3
33.43	289		29/09/13	Sudbury & District SC Michaelmas Two Day Meet	Sudbury	Sudbury	3
33.67	283		13/07/14	Sudbury & District SC Club Championships 2014	Sudbury	Sudbury	4
34.06	273		22/06/13	Suffolk County Development Championships	Newmarket	Sudbury	3
34.11	272	F	11/03/13	Suffolk County Championships	Ipswich	Sudbury	2
34.14	271		03/07/13	Sudbury & District Club Championships	Sudbury	Sudbury	4
34.51	262	H	23/06/12	Suffolk County Development Meet	Newmarket	Sudbury	3
35.01	251		30/09/12	Sudbury Michaelmas Olympic Special	Sudbury	Sudbury	3
35.27	246		04/07/12	Sudbury & District Club Championships	Sudbury	Sudbury	4
36.57	220		23/01/11	Sudbury & District Last Chance Meet	Sudbury	Sudbury	4
36.75	217		17/12/11	Stowmarket No Frills Open Meet	Stowmarket	Sudbury	4
36.97	213		15/05/11	Sudbury & District Two Day Meet	Sudbury	Sudbury	4
37.25	209		23/04/11	Newmarket 3rd Annual Open Meet	Newmarket	Sudbury	3
37.79	200		20/11/10	Deben Open Meet	Deben	Sudbury	3
37.81	199		21/06/10	Suffolk County Development	Ipswich	Sudbury	3
38.12	195		01/09/10	Sudbury & Dist Club Chmps	Sudbury	Sudbury	4
38.54	188		27/06/10	Sudbury & District Open	Sudbury	Sudbury	4
38.74	185		24/04/10	Newmarket 2nd Open Meet	Newmarket	Sudbury	3
39.22	179		21/06/09	Suffolk Development Meet	Ipswich	Sudbury	3
39.72	172		10/01/10	Sudbury & Dist Last Chance	Sudbury	Sudbury	4
40.43	163		28/06/09	Sudbury Mid Summer Meet	Sudbury	Sudbury	4
41.68	149		10/01/09	Sudbury & Dist Last Chance	Sudbury	Sudbury	4
42.30	142		06/12/08	Deben Open Meet	Deben	Sudbury	4
42.46	140		22/06/08	Suffolk County Development Ch	Ipswich	Sudbury	3

42.49	140		22/06/08	Suffolk County Develop Ch	IPSWICH	Sudbury
43.30	133	H	12/07/08	teamipswich Summer Sprint	Ipswich	Sudbury

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