Individual Best Times (All Time)

Ben Trott - (515533) - Flitwick Dolphins SC - 100 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

1:08.69369F29/06/14WSC Terry Davies Alternative NationalsWatfordFlitwick1:08.87366H23/11/14Flitwick Dolphins Club ChampionshipsFlitwick1:09.45357H17/03/13Bedfordshire County ChampionshipsLutonFlitwick1:10.94335H28/10/12Flitwick Dolphins Open MeetFlitwickFlitwick1:11.77323H18/11/12Flitwick Dolphins Club ChampionshipsFlitwickFlitwick1:11.78323H24/11/13Flitwick Dolphins Club ChampionshipsFlitwickFlitwick1:15.22281H11/03/12Bedfordshire County ChampionshipsBiggleswadeFlitwick1:17.03261H20/11/11Flitwick Dolphins Club ChampionshipsBiggleswadeFlitwick1:21.13224H17/10/10Flitwick Dolphins Club ChampionshipsBiggleswadeFlitwick1:22.3315205/07/09City of Milton Keynes GalaMilton KeynesFlitwick1:36.16134H29/03/09Bedfordshire ChampsBiggleswadeFlitwick								
1:08.87366H23/11/14Flitwick Dolphins Club ChampionshipsFlitwick1:09.45357H17/03/13Bedfordshire County ChampionshipsLutonFlitwick1:10.94335H28/10/12Flitwick Dolphins Open MeetFlitwickFlitwick1:11.77323H18/11/12Flitwick Dolphins Club ChampionshipsFlitwickFlitwick1:11.78323H24/11/13Flitwick Dolphins Club Championships 2013FlitwickFlitwick1:15.22281H11/03/12Bedfordshire County Championships 2013FlitwickFlitwick1:17.03261H20/01/11Flitwick Dolphins Club ChampionshipsBiggleswadeFlitwick1:19.36239H20/03/11Bedfordshire County ChampionshipsBiggleswadeFlitwick1:21.13224H17/10/10Flitwick Dolphins Club ChampionshipsBiggleswadeFlitwick1:22.3315205/07/09City of Milton Keynes GalaMilton KeynesFlitwick1:36.16134H29/03/09Bedfordshire ChampsBiggleswadeFlitwick	Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:09.45357H17/03/13Bedfordshire County ChampionshipsLutonFlitwick1:10.94335H28/10/12Flitwick Dolphins Open MeetFlitwickFlitwickFlitwick1:11.77323H18/11/12Flitwick Dolphins Club ChampionshipsFlitwickFlitwickFlitwick1:11.78323H24/11/13Flitwick Dolphins Club Championships 2013FlitwickFlitwick1:15.22281H11/03/12Bedfordshire County ChampionshipsBiggleswadeFlitwick1:17.03261H20/11/11Flitwick Dolphins Club ChampionshipsBiggleswadeFlitwick1:19.36239H20/03/11Bedfordshire County ChampionshipsBiggleswadeFlitwick1:21.13224H17/10/10Flitwick Dolphins Open MeetBiggleswadeFlitwick1:24.45198H21/11/10Flitwick Dolphins Open MeetBiggleswadeFlitwick1:32.3315205/07/09City of Milton Keynes GalaMilton KeynesFlitwick1:36.16134H29/03/09Bedfordshire ChampsBiggleswadeFlitwick	1:08.69	369	F	29/06/14	WSC Terry Davies Alternative Nationals	Watford	Flitwick	3
1:10.94335H28/10/12Flitwick Dolphins Open MeetFlitwickFlitwickFlitwick1:11.77323H18/11/12Flitwick Dolphins Club ChampionshipsFlitwickFlitwickFlitwick1:11.78323H24/11/13Flitwick Dolphins Club Championships 2013FlitwickFlitwickFlitwick1:15.22281H11/03/12Bedfordshire County ChampionshipsBiggleswadeFlitwickFlitwick1:17.03261H20/11/11Flitwick Dolphins Club ChampionshipsBiggleswadeFlitwick1:19.36239H20/03/11Bedfordshire County ChampionshipsBiggleswadeFlitwick1:21.13224H17/10/10Flitwick Dolphins Club ChampionshipsBiggleswadeFlitwick1:24.45198H21/11/10Flitwick Dolphins Club ChampionshipsVariousFlitwick1:32.3315205/07/09City of Milton Keynes GalaMilton KeynesFlitwick1:36.16134H29/03/09Bedfordshire ChampsBiggleswadeFlitwick	1:08.87	366	Н	23/11/14	Flitwick Dolphins Club Championships	Flitwick		4
1:11.77323H18/11/12Flitwick Dolphins Club ChampionshipsFlitwickFlitwick1:11.78323H24/11/13Flitwick Dolphins Club Championships 2013FlitwickFlitwick1:15.22281H11/03/12Bedfordshire County ChampionshipsBiggleswadeFlitwick1:17.03261H20/11/11Flitwick Dolphins Club ChampionshipsBiggleswadeFlitwick1:19.36239H20/03/11Bedfordshire County ChampionshipsBiggleswadeFlitwick1:21.13224H17/10/10Flitwick Dolphins Club ChampionshipsBiggleswadeFlitwick1:24.45198H21/11/10Flitwick Dolphins Club ChampionshipsVariousFlitwick1:32.3315205/07/09City of Milton Keynes GalaMilton KeynesFlitwick1:36.16134H29/03/09Bedfordshire ChampsBiggleswadeFlitwick	1:09.45	357	Н	17/03/13	Bedfordshire County Championships	Luton	Flitwick	2
1:11.78323H24/11/13Flitwick Dolphins Club Championships 2013FlitwickFlitwick1:15.22281H11/03/12Bedfordshire County ChampionshipsBiggleswadeFlitwick1:17.03261H20/11/11Flitwick Dolphins Club ChampionshipsBiggleswadeFlitwick1:19.36239H20/03/11Bedfordshire County ChampionshipsBiggleswadeFlitwick1:21.13224H17/10/10Flitwick Dolphins Open MeetBiggleswadeFlitwick1:24.45198H21/11/10Flitwick Dolphins Club ChampionshipsVariousFlitwick1:32.3315205/07/09City of Milton Keynes GalaMilton KeynesFlitwick1:36.16134H29/03/09Bedfordshire ChampsBiggleswadeFlitwick	1:10.94	335	Н	28/10/12	Flitwick Dolphins Open Meet	Flitwick	Flitwick	3
1:15.22281H11/03/12Bedfordshire County ChampionshipsBiggleswadeFlitwick1:17.03261H20/11/11Flitwick Dolphins Club ChampionshipsBiggleswadeFlitwick1:19.36239H20/03/11Bedfordshire County ChampionshipsBiggleswadeFlitwick1:21.13224H17/10/10Flitwick Dolphins Open MeetBiggleswadeFlitwick1:24.45198H21/11/10Flitwick Dolphins Club ChampionshipsVariousFlitwick1:32.3315205/07/09City of Milton Keynes GalaMilton KeynesFlitwick1:36.16134H29/03/09Bedfordshire ChampsBiggleswadeFlitwick	1:11.77	323	Н	18/11/12	Flitwick Dolphins Club Championships	Flitwick	Flitwick	4
1:17.03261H20/11/11Flitwick Dolphins Club ChampionshipsBiggleswadeFlitwick1:19.36239H20/03/11Bedfordshire County ChampionshipsBiggleswadeFlitwick1:21.13224H17/10/10Flitwick Dolphins Open MeetBiggleswadeFlitwick1:24.45198H21/11/10Flitwick Dolphins Club ChampionshipsVariousFlitwick1:32.3315205/07/09City of Milton Keynes GalaMilton KeynesFlitwick1:36.16134H29/03/09Bedfordshire ChampsBiggleswadeFlitwick	1:11.78	323	Н	24/11/13	Flitwick Dolphins Club Championships 2013	Flitwick	Flitwick	4
1:19.36239H20/03/11Bedfordshire County ChampionshipsBiggleswadeFlitwick1:21.13224H17/10/10Flitwick Dolphins Open MeetBiggleswadeFlitwick1:24.45198H21/11/10Flitwick Dolphins Club ChampionshipsVariousFlitwick1:32.3315205/07/09City of Milton Keynes GalaMilton KeynesFlitwick1:36.16134H29/03/09Bedfordshire ChampsBiggleswadeFlitwick	1:15.22	281	Н	11/03/12	Bedfordshire County Championships	Biggleswade	Flitwick	2
1:21.13224H17/10/10Flitwick Dolphins Open MeetBiggleswadeFlitwick1:24.45198H21/11/10Flitwick Dolphins Club ChampionshipsVariousFlitwick1:32.3315205/07/09City of Milton Keynes GalaMilton KeynesFlitwick1:36.16134H29/03/09Bedfordshire ChampsBiggleswadeFlitwick	1:17.03	261	Н	20/11/11	Flitwick Dolphins Club Championships	Biggleswade	Flitwick	4
1:24.45198H21/11/10Flitwick Dolphins Club ChampionshipsVariousFlitwick1:32.3315205/07/09City of Milton Keynes GalaMilton KeynesFlitwick1:36.16134H29/03/09Bedfordshire ChampsBiggleswadeFlitwick	1:19.36	239	Н	20/03/11	Bedfordshire County Championships	Biggleswade	Flitwick	2
1:32.3315205/07/09City of Milton Keynes GalaMilton KeynesFlitwick1:36.16134H29/03/09Bedfordshire ChampsBiggleswadeFlitwick	1:21.13	224	Н	17/10/10	Flitwick Dolphins Open Meet	Biggleswade	Flitwick	3
1:36.16 134 H 29/03/09 Bedfordshire Champs Biggleswade Flitwick	1:24.45	198	Н	21/11/10	Flitwick Dolphins Club Championships	Various	Flitwick	4
	1:32.33	152		05/07/09	City of Milton Keynes Gala	Milton Keynes	Flitwick	3
1:48.31 94 H 16/03/08 Beds County Championships Biggleswade Elitwick	1:36.16	134	Н	29/03/09	Bedfordshire Champs	Biggleswade	Flitwick	2
	1:48.31	94	Н	16/03/08	Beds County Championships	Biggleswade	Flitwick	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:08.87	366	Н	23/11/14	Flitwick Dolphins Club Championships	Flitwick		4
1:08.69	369	F	29/06/14	WSC Terry Davies Alternative Nationals	Watford	Flitwick	3
1:11.78	323	Н	24/11/13	Flitwick Dolphins Club Championships 2013	Flitwick	Flitwick	4
1:09.45	357	Н	17/03/13	Bedfordshire County Championships	Luton	Flitwick	2
1:11.77	323	Н	18/11/12	Flitwick Dolphins Club Championships	Flitwick	Flitwick	4
1:10.94	335	Н	28/10/12	Flitwick Dolphins Open Meet	Flitwick	Flitwick	3
1:15.22	281	Н	11/03/12	Bedfordshire County Championships	Biggleswade	Flitwick	2
1:17.03	261	Н	20/11/11	Flitwick Dolphins Club Championships	Biggleswade	Flitwick	4
1:19.36 2024 pyright	239 1	Н	20/03/11	Bedfordshire County Championships	Biggleswade	Flitwick Powered By SPORT	2 SYSTEM

1:24.45	198	Н	21/11/10	Flitwick Dolphins Club Championships	Various	Flitwick	4
1:21.13	224	Н	17/10/10	Flitwick Dolphins Open Meet	Biggleswade	Flitwick	3
1:32.33	152		05/07/09	City of Milton Keynes Gala	Milton Keynes	Flitwick	3
1:36.16	134	Н	29/03/09	Bedfordshire Champs	Biggleswade	Flitwick	2
1:48.31	94	Н	16/03/08	Beds County Championships	Biggleswade	Flitwick	2

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