

Individual Best Times (All Time)

Ben Trott - (515533) - Flitwick Dolphins SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:25.35	429	H	22/03/14	Bedfordshire Age Group & County Champs	Luton	Flitwick	2
2:26.94	415	H	25/10/14	Flitwick Dolphins Open Meet	Biggleswade		3
2:28.26	404	F	25/01/15	Biggleswade 16th Open Meet	Biggleswade	Flitwick	3
2:29.36	395	H	27/04/13	Team Luton Spring Open Meet 2013	Luton	Flitwick	3
2:30.01	390	H	29/11/14	Flitwick Dolphins Club Championships	Biggleswade		4
2:31.75	377	H	16/03/13	Bedfordshire County Championships	Luton	Flitwick	2
2:32.51	371	H	27/10/12	Flitwick Dolphins Open Meet	Flitwick	Flitwick	3
2:32.58	370	H	30/11/13	Flitwick Dolphins Club Championships 2013	Bletchley	Flitwick	4
2:35.03	353	F	19/01/13	Biggleswade SC 14th Open meet	Biggleswade	Flitwick	3
2:36.37	344	H	13/05/12	Mid Beds Open Meet	Biggleswade	Flitwick	2
2:36.59	343	H	24/11/12	Flitwick Dolphins Club Championships	Flitwick	Flitwick	4
2:38.57	330	H	25/02/12	Bedfordshire County Championships	Biggleswade	Flitwick	2
2:39.32	325	H	26/10/13	Flitwick Dolphins SC Open Meet	Biggleswade	Flitwick	3
2:40.62	317	F	22/01/12	Biggleswade Open Meet	Biggleswade	Flitwick	3
2:41.12	315	F	29/04/12	City of Milton Keynes Spring Open Meet	Bletchley	Flitwick	2
2:44.31	297	H	26/11/11	Flitwick Dolphins Club Championships	Biggleswade	Flitwick	4
2:45.55	290	H	22/10/11	Flitwick Dolphins Open Meet	Biggleswade	Flitwick	3
2:48.38	276	H	05/03/11	Bedfordshire County Championships	Biggleswade	Flitwick	2
2:52.82	255	H	17/04/11	Team Luton Open Meet	London	Flitwick	2
2:55.45	243	H	16/10/10	Flitwick Dolphins Open Meet	Biggleswade	Flitwick	3
2:56.44	239	H	27/11/10	Flitwick Dolphins Club Championships	Various	Flitwick	4
3:05.20	207	H	06/03/10	Bedfordshire Champs	Biggleswade	Flitwick	2
3:24.70	153		13/06/09	Leighton Buzzard Open	Milton Keynes	Flitwick	4
3:25.11	152	H	14/03/09	Bedfordshire Champs	Biggleswade	Flitwick	2
3:27.47	147		26/04/09	City of Milton Keynes Mt	Milton Keynes	Flitwick	2

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