Individual Best Times (All Time)

Ben Trott - (515533) - Flitwick Dolphins SC - 100 Backstroke - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

1:06.71 1:07.28 1:07.73 1:09.69 1:09.97	380 370 363 333 329	H H H	08/03/14 27/04/14 02/03/13 29/11/14	Bedfordshire Age Group & County Champs Team Luton 2014 Short Course Open Meet Bedfordshire County Championships Flitwick Dolphins Club Championships	Luton Luton Luton	Flitwick Flitwick	2 3 2
1:07.73 1:09.69 1:09.97	363 333	H H	02/03/13	Bedfordshire County Championships			
1:09.69 1:09.97	333	Н		, , ,	Luton	Flitwick	2
1:09.97			29/11/14	Flitwick Dolphins Club Championships			_
	329	Н		T III WOR BOIDTING OIGS OF GIT PROTOTINGS	Biggleswade		4
1 10 00			26/10/14	Flitwick Dolphins Open Meet	Biggleswade		3
1:10.02	328	Н	12/05/12	Mid Beds Open Meet	Biggleswade	Flitwick	2
1:10.31	324	F	19/01/13	Biggleswade SC 14th Open meet	Biggleswade	Flitwick	3
1:10.83	317	F	29/04/12	City of Milton Keynes Spring Open Meet	Bletchley	Flitwick	2
1:11.42	309	Н	28/10/12	Flitwick Dolphins Open Meet	Flitwick	Flitwick	3
1:12.35	298	Н	24/11/12	Flitwick Dolphins Club Championships	Flitwick	Flitwick	4
1:12.72	293	Н	30/11/13	Flitwick Dolphins Club Championships 2013	Bletchley	Flitwick	4
1:12.84	292	F	22/01/12	Biggleswade Open Meet	Biggleswade	Flitwick	3
1:13.49	284	Н	10/03/12	Bedfordshire County Championships	Biggleswade	Flitwick	2
1:17.56	241	Н	23/10/11	Flitwick Dolphins Open Meet	Biggleswade	Flitwick	3
1:17.73	240	Н	26/11/11	Flitwick Dolphins Club Championships	Biggleswade	Flitwick	4
1:18.64	232	Н	19/03/11	Bedfordshire County Championships	Biggleswade	Flitwick	2
1:22.10	203	Н	17/10/10	Flitwick Dolphins Open Meet	Biggleswade	Flitwick	3
1:25.75	179	Н	27/11/10	Flitwick Dolphins Club Champioships	Various	Flitwick	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:09.69	333	Н	29/11/14	Flitwick Dolphins Club Championships	Biggleswade		4
1:09.97	329	Н	26/10/14	Flitwick Dolphins Open Meet	Biggleswade		3
1:07.28	370	Н	27/04/14	Team Luton 2014 Short Course Open Meet	Luton	Flitwick	3
1:06.71	380	Н	08/03/14	Bedfordshire Age Group & County Champs	Luton	Flitwick	2
1:12.72 Copyright 2024	293 4	Н	30/11/13	Flitwick Dolphins Club Championships 2013	Bletchley	Flitwick Powered By SPORT	4 SYSTEM:

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1:07.73	363	Н	02/03/13	Bedfordshire County Championships	Luton	Flitwick	2
1:10.31	324	F	19/01/13	Biggleswade SC 14th Open meet	Biggleswade	Flitwick	3
1:12.35	298	Н	24/11/12	Flitwick Dolphins Club Championships	Flitwick	Flitwick	4
1:11.42	309	Н	28/10/12	Flitwick Dolphins Open Meet	Flitwick	Flitwick	3
1:10.02	328	Н	12/05/12	Mid Beds Open Meet	Biggleswade	Flitwick	2
1:10.83	317	F	29/04/12	City of Milton Keynes Spring Open Meet	Bletchley	Flitwick	2
1:13.49	284	Н	10/03/12	Bedfordshire County Championships	Biggleswade	Flitwick	2
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1:22.10	203	Н	17/10/10	Flitwick Dolphins Open Meet	Biggleswade	Flitwick	3

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