

Individual Best Times (All Time)

Indah Higson - (515032) - Preston Swimming Club - 100 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|-----------|-----------------|-------|
| 1:15.18 | 424 | H | 16/06/12 | Preston Guild Summer Open | Preston | Preston | 3 |
| 1:16.12 | 409 | H | 07/12/13 | Preston Christmas Countdown 2013 | Blackburn | Preston | 3 |
| 1:16.27 | 406 | H | 22/06/13 | Preston Guild Summer Spectacular Meet | Darwen | Preston | 3 |
| 1:17.17 | 392 | H | 12/07/14 | Preston SC Guild Summer Spectacular | Darwen | Preston | 3 |
| 1:18.32 | 375 | H | 15/12/12 | Preston SC Christmas Countdown Open Meet | Darwen | Preston | 3 |
| 1:18.75 | 369 | H | 14/07/12 | Rotherham Metro ASC L3 Short Course Meet | Sheffield | Preston | 3 |
| 1:21.36 | 335 | H | 16/07/11 | Rotherham Metro A & B Grade Meet | Sheffield | Preston | 3 |
| 1:31.24 | 237 | H | 02/10/10 | North Lancs SWP ASSOC Meet | Blackpool | Preston | 3 |
| 1:33.17 | 223 | H | 23/01/10 | North Lancs Age Groups | Blackpool | Preston | 3 |
| 1:35.60 | 206 | H | 17/07/10 | Rotherham Metro A&B Meet | Sheffield | Preston | 3 |
| 1:39.26 | 184 | H | 18/07/09 | Rotherham Metro A B Meet | Sheffield | Preston | 3 |
| 1:41.71 | 171 | H | 10/10/09 | North Lancs Assoc Meet | Blackpool | Preston | 3 |
| 1:42.37 | 168 | H | 06/12/09 | Bolton Metro Xmas Sprint | Bury | Preston | 3 |
| 1:43.70 | 161 | H | 24/01/09 | North Lancs Age & Youth | Blackpool | Preston | 2 |
| 1:46.66 | 148 | H | 07/12/08 | Bolton Metro Xmas Sprint | Horwich | Preston | 3 |
| 1:48.20 | 142 | H | 04/10/08 | North Lancashire Meet | Blackpool | Preston | 3 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|-----------|-----------------|-------|
| 1:17.17 | 392 | H | 12/07/14 | Preston SC Guild Summer Spectacular | Darwen | Preston | 3 |
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| 1:18.32 | 375 | H | 15/12/12 | Preston SC Christmas Countdown Open Meet | Darwen | Preston | 3 |
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| 1:48.20 | 142 | H | 04/10/08 | North Lancashire Meet | Blackpool | Preston | 3 |