

# Individual Best Times (All Time)

Indah Higson - (515032) - Preston Swimming Club - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet  | Venue     | Club Swam Under | Level |
|---------|--------|-------|----------|---|-----------|-----------------|-------|
| 5:38.84 | 446    | H     | 02/11/13 | Preston SC Club Championships               | Preston   | Preston         | 4     |
| 5:41.11 | 437    | H     | 01/02/14 | North Lancashire Age Groups, Youth & Champs | Blackpool | Preston         | 3     |
| 5:41.43 | 436    | H     | 02/02/13 | North Lancashire AG & Youth Champs          | Blackpool | Preston         | 3     |
| 5:42.99 | 430    | H     | 26/04/14 | Harrogate Spa Town Graded Meet              | Harrogate | Preston         | 3     |
| 5:45.01 | 422    | H     | 27/10/12 | Harrogate Autumn Open Meet                  | Harrogate | Preston         | 3     |
| 5:45.18 | 422    | H     | 14/10/12 | Preston SC Club Championships               | Preston   | Preston         | 4     |
| 5:47.13 | 415    | H     | 01/04/12 | City of Salford Spring Meet                 | Salford   | Preston         | 3     |
| 5:50.84 | 402    | H     | 07/04/13 | City of Salford Spring Meet                 | Salford   | Preston         | 3     |
| 5:57.20 | 380    | H     | 04/02/12 | North Lancashire Age Groups & Youth Meet    | Blackpool | Preston         | 3     |

## Swims in Date Order

| Time    | WA Pts | Round | Date     | Meet  | Venue     | Club Swam Under | Level |
|---------|--------|-------|----------|---|-----------|-----------------|-------|
| 5:42.99 | 430    | H     | 26/04/14 | Harrogate Spa Town Graded Meet              | Harrogate | Preston         | 3     |
| 5:41.11 | 437    | H     | 01/02/14 | North Lancashire Age Groups, Youth & Champs | Blackpool | Preston         | 3     |
| 5:38.84 | 446    | H     | 02/11/13 | Preston SC Club Championships               | Preston   | Preston         | 4     |
| 5:50.84 | 402    | H     | 07/04/13 | City of Salford Spring Meet                 | Salford   | Preston         | 3     |
| 5:41.43 | 436    | H     | 02/02/13 | North Lancashire AG & Youth Champs          | Blackpool | Preston         | 3     |
| 5:45.01 | 422    | H     | 27/10/12 | Harrogate Autumn Open Meet                  | Harrogate | Preston         | 3     |
| 5:45.18 | 422    | H     | 14/10/12 | Preston SC Club Championships               | Preston   | Preston         | 4     |
| 5:47.13 | 415    | H     | 01/04/12 | City of Salford Spring Meet                 | Salford   | Preston         | 3     |
| 5:57.20 | 380    | H     | 04/02/12 | North Lancashire Age Groups & Youth Meet    | Blackpool | Preston         | 3     |