

Individual Best Times (All Time)

Zara Postlethwaite - (512661) - Copeland ASC - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
40.49	343	H	06/02/16	2016 Cumbria Age Groups & County Championships	Whitehaven	Copeland	2
40.61	340	H	29/11/14	Carlisle Aquatics 2014 Sprints & Medley Open Meet	Carlisle		3
40.93	333	H	04/07/15	Kendal Mint Open Gala 2015	Kendal		3
40.98	331	H	26/11/16	Carlisle Aquatics 2016 Sprints & Medley Open Meet	Carlisle	Cockermouth	3
41.04	330	H	26/11/17	Allerdale Gala 2017	Workington	Cockermouth	3
41.20	326	H	08/03/15	2015 Cumbria Age Groups & County Championships	Kendal		2
41.24	325	H	16/10/16	The Allerdale Gala 2016	Workington	Cockermouth	3
41.36	322	H	29/01/17	Cumbria Age Groups & County Championships	Workington	Cockermouth	2
41.55	318	H	24/01/15	2015 Cumbria Winter Meet	Workington		3
41.66	315	H	28/11/15	Carlisle Aquatics 2015 Sprints & Medley Open Meet	Carlisle		3
42.24	302	H	03/12/16	2016 Cumbria Winter Meet	Kendal	Cockermouth	3
42.31	301	H	10/05/14	Copeland ASC 20th Bill & Monica Griffin Gala	Whitehaven	Copeland	3
42.58	295	H	25/01/14	2014 Cumbria Winter Meet	Whitehaven	Copeland	3
42.92	288	H	09/03/14	Cumbrian Age Groups and County Champs	Kendal	Copeland	2
44.48	259	F	17/11/13	Wigan BEST Future Stars Meet	Wigan	Copeland	1
46.30	230	H	06/04/13	Bolton Metro Easter Sprint Meet 2013	Bolton	Copeland	3
47.13	218	H	24/11/12	2012 Cumbrian Autumn Graded Series	Workington	Copeland	3
47.43	214	H	10/03/13	Cumbria Age Group & County Championships	Kendal	Copeland	2
49.04	193	F	29/09/12	Ulverston ASC Graded Open Age Group Meet	Kendal	Copeland	3
49.56	187	H	21/04/12	2012 Bill & Monica Griffin Gala	Whitehaven	Copeland	4
50.48	177	H	22/09/12	Cumbrian 2012 Inter Association Qualifier	Carlisle	Copeland	3
50.52	177	F	18/03/12	Cumbria Age Groups & County Championships	Whitehaven	Copeland	2
51.89	163	H	15/01/12	Harrogate Janus A & B Grade Meet	Harrogate	Copeland	3
52.03	162	H	18/03/12	Cumbria Age Groups & County Championships	Whitehaven	Copeland	2
53.72	147	F	24/09/11	Ulverston ASC Graded Level 3 Meet	Kendal	Copeland	3
55.38	134	H	19/11/11	Cumbria Autumn Graded Series	Whitehaven	Copeland	3

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