

Individual Best Times (All Time)

Zara Postlethwaite - (512661) - Copeland ASC - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:24.67	443	H	23/09/17	8th Presidents Open Meet	Workington	Cockermouth	3
2:24.96	440	H	29/01/17	Cumbria Age Groups & County Championships	Workington	Cockermouth	2
2:25.45	436	H	03/12/16	2016 Cumbria Winter Meet	Kendal	Cockermouth	3
2:27.38	419	H	10/06/17	Copeland ASC 2017 Graded Gala	Whitehaven	Cockermouth	3
2:28.24	412	H	11/06/16	2016 Copeland Graded Gala	Whitehaven	Cockermouth	3
2:28.31	411	H	05/12/15	2015 Cumbria Autumn Meet	Whitehaven		3
2:28.61	408	H	28/09/14	Blackpool Lights 2014	Blackpool		3
2:29.53	401	H	23/11/14	Liverpool & Dist Inter Association Gala	Huyton		2
2:29.58	401	H	26/10/14	Middlesbrough Halloween Open Meet	Middlesbrough		2
2:32.06	381	H	27/03/19	Copeland ASC Club Championships	Whitehaven	Copeland	4
2:33.60	370	H	08/03/14	Cumbrian Age Groups and County Champs	Kendal	Copeland	2
2:36.28	351	H	14/06/14	Copeland ASC 19th Graded Gala	Whitehaven	Copeland	3
2:36.36	351	F	17/11/13	Wigan BEST Future Stars Meet	Wigan	Copeland	1
2:36.75	348	H	21/09/13	2013 Cumbria ASA Inter- Association Qualifier	Carlisle	Copeland	3
2:37.05	346	H	13/09/14	Workington ASC 5th Presidents Open Gala	Cumbria		3
2:38.05	339	H	07/02/16	2016 Cumbria Age Groups & County Championships	Whitehaven	Copeland	2
2:40.27	326	H	30/11/13	Cumbria S & WPA Interassociation	Blackpool	Copeland	2
2:42.64	312	H	07/09/13	Workington 4th Presidents Open Meet	Workington	Copeland	3
2:45.60	295	H	09/03/13	Cumbria Age Group & County Championships	Kendal	Copeland	2
2:47.06	287	H	15/06/13	Copeland ASC 17th Graded Gala	Whitehaven	Copeland	3
2:50.59	270	H	24/11/12	2012 Cumbrian Autumn Graded Series	Workington	Copeland	3
3:01.71	223	H	22/09/12	Cumbrian 2012 Inter Association Qualifier	Carlisle	Copeland	3
3:12.66	187	H	17/03/12	Cumbria Age Groups & County Championships	Whitehaven	Copeland	2
3:15.67	179	H	15/01/12	Harrogate Janus A & B Grade Meet	Harrogate	Copeland	3
3:19.93	167	H	19/11/11	Cumbria Autumn Graded Series	Whitehaven	Copeland	3

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