

Individual Best Times (All Time)

Zara Postlethwaite - (512661) - Copeland ASC - 100 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:06.33	434	H	18/11/18	COPELAND ASC CLUB CHAMPIONSHIP	WHITEHAVEN	Copeland	4
1:06.67	428	H	24/09/17	8th Presidents Open Meet	Workington	Cockermouth	3
1:06.79	425	H	27/03/19	Copeland ASC Club Championships	Whitehaven	Copeland	4
1:06.81	425	H	07/12/14	Copeland Club Championships	Whitehaven		4
1:07.11	419	H	25/09/16	Workington 7th Presidents Open Meet	Workington	Cockermouth	3
1:07.15	419	H	10/06/17	Copeland ASC 2017 Graded Gala	Whitehaven	Cockermouth	3
1:07.16	418	H	25/11/17	Allerdale Gala 2017	Workington	Cockermouth	3
1:07.51	412	H	13/06/15	20th Copeland Graded Gala	Whitehaven		3
1:07.54	411	H	11/06/16	2016 Copeland Graded Gala	Whitehaven	Cockermouth	3
1:07.56	411	H	16/10/16	The Allerdale Gala 2016	Workington	Cockermouth	3
1:07.62	410	H	01/11/15	Copeland Club Championships	Copeland		4
1:07.66	409	H	14/01/17	Cumbria Age Group & County Championships	Workington	Cockermouth	4
1:07.69	409	H	03/12/16	2016 Cumbria Winter Meet	Kendal	Cockermouth	3
1:07.96	404	H	03/02/18	2018 Cumbrian County Championships & Age Groups	Kendal	Cockermouth	2
1:08.21	399	H	13/09/15	Workington ASC 6th Presidents Open Meet	Workigton		3
1:08.36	397	H	24/01/15	2015 Cumbria Winter Meet	Workington		3
1:08.43	395	H	26/09/15	Ulverston Graded Age Group Meet	Kendal		3
1:08.58	393	F	14/03/15	2015 Cumbria Age Groups & County Championships	Whitehaven		2
1:08.68	391	H	20/09/15	Richmond Dales Open Meet	Durham		3
1:08.82	389	H	25/10/14	Middlesbrough Halloween Open Meet	Middlesbrough		2
1:08.95	387	H	05/12/15	2015 Cumbria Autumn Meet	Whitehaven		3
1:10.09	368	H	14/03/15	2015 Cumbria Age Groups & County Championships	Whitehaven		2
1:10.09	368	H	28/02/16	Cumbria Age Groups & County Championships	Kendal	Copeland	2
1:10.74	358	F	15/03/14	Cumbria County Championships	Whitehaven	Copeland	2
1:11.22	351	H	14/06/14	Copeland ASC 19th Graded Gala	Whitehaven	Copeland	3
1:11.32	349	H	08/12/13	Copeland Club Championships	Whitehaven	Copeland	4
1:11.68	344	F	07/03/14	Ulverston ASC Graded Age Group Meet	Kendal	Copeland	2

1:11.00	344	F	27/09/14	Ulverston ASC Grade Age Group Meet	Kendal	Copeland	3
1:11.69	344	H	25/01/14	2014 Cumbria Winter Meet	Whitehaven	Copeland	3
1:11.76	343	H	15/03/14	Cumbria County Championships	Whitehaven	Copeland	2
1:12.22	336	H	21/09/13	2013 Cumbria ASA Inter- Association Qualifier	Carlisle	Copeland	3
1:12.60	331	H	30/11/13	Cumbria S & WPA Interassociation	Blackpool	Copeland	2
1:13.26	322	F	28/09/13	Ulverston ASC Graded Age Group Meet 2013	Kendal	Copeland	3
1:14.20	310	H	15/06/13	Copeland ASC 17th Graded Gala	Whitehaven	Copeland	3
1:15.51	294	H	20/01/13	Copeland ASC Club Championships	Whitehaven	Copeland	4

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