

Individual Best Times (All Time)

Joan Clayton - (511271) - Team Jorvik - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|--------------------|-----------------|-------|
| 4:50.46 | 504 | H | 14/07/18 | Rotherham Metro A & B Grade SC | Sheffield | Team Jorvik | 3 |
| 4:58.74 | 464 | H | 10/12/17 | Middlesbrough Christmas 2017 Meet | The Neptune Centre | Team Jorvik | 3 |
| 4:59.32 | 461 | H | 15/07/17 | Rotherham Metro 'A' & 'B' Grade Short Course Meet | Sheffield | Team Jorvik | 3 |
| 5:08.99 | 419 | | 16/09/17 | York City Baths Autumn Swim Extravaganza 2017 | Leeds | Team Jorvik | 3 |
| 5:21.41 | 372 | H | 04/07/15 | Harrogate Summer A Grade Meet | Harrogate | Team Jorvik | 3 |
| 5:25.15 | 359 | H | 23/11/13 | City of Bradford Winter Meet | Leeds | York City | 3 |
| 5:28.32 | 349 | H | 26/04/15 | Harrogate District Spa Town Meet | Harrogate | Team Jorvik | 3 |
| 5:28.41 | 349 | H | 08/01/17 | Harrogate Janus A & B Grade Meet | Harrogate | Team Jorvik | 3 |
| 5:36.07 | 326 | H | 27/04/14 | Harrogate Spa Town Graded Meet | Harrogate | York City | 3 |
| 5:41.90 | 309 | H | 20/04/13 | Harrogate SC Spa Town A B Grade Open | Harrogate | York City | 3 |

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