

Individual Best Times (All Time)

Laurence Chalk - (509713) - Sudbury & District SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:42.48	424	H	29/11/14	Essex Senior Junior Championships	Basildon		2
4:46.44	406	F	24/11/13	Deben Open Meet	Deben	Sudbury	3
4:46.87	405		12/01/14	Sudbury & District January Time Trials	Sudbury	Sudbury	3
4:47.97	400		12/07/13	Sudbury & District Club Championships	Sudbury	Sudbury	4
4:49.29	394		13/07/14	Sudbury & District SC Club Championships 2014	Sudbury	Sudbury	4

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