

# Individual Best Times (All Time)

Laurence Chalk - (509713) - Sudbury & District SC - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:06.03	490		12/04/15	Sudbury Spring Two Day Open Meet	Sudbury	Sudbury	3
2:07.14	477	F	16/03/14	Suffolk County Championships	Ipswich	Sudbury	2
2:09.78	448	F	01/11/14	Teamipswich Open Meet	Ipswich	Colchester	3
2:11.24	434	H	07/12/14	Braintree & Bocking Christmas 2014	Braintree		3
2:11.52	431	H	19/10/14	Colchester Club Championships	Colchester		4
2:11.84	428		07/04/13	Sudbury & District Spring Meet	Sudbury	Sudbury	3
2:12.27	424		03/07/13	Sudbury & District Club Championships	Sudbury	Sudbury	4
2:12.87	418	F	17/03/13	Suffolk County Championships	Ipswich	Sudbury	2
2:14.28	405		13/07/14	Sudbury & District SC Club Championships 2014	Sudbury	Sudbury	4
2:19.19	363		12/01/13	Sudbury & District Last Chance Open Meet	Sudbury	Sudbury	3
2:22.32	340	H	18/03/12	Suffolk County Championships	Newmarket	Sudbury	2
2:24.04	328		25/07/12	Sudbury & District Club Championships	Sudbury	Sudbury	4
2:26.96	309	H	22/10/11	teamipswich 13th Open Meet	Ipswich	Sudbury	2
2:37.22	252		14/05/11	Sudbury & District Two Day Meet	Sudbury	Sudbury	4
2:49.57	201		12/07/15	Sudbury & District Club Championships 2015	Sudbury	Sudbury	4

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:49.57	201		12/07/15	Sudbury & District Club Championships 2015	Sudbury	Sudbury	4
2:06.03	490		12/04/15	Sudbury Spring Two Day Open Meet	Sudbury	Sudbury	3
2:11.24	434	H	07/12/14	Braintree & Bocking Christmas 2014	Braintree		3
2:09.78	448	F	01/11/14	Teamipswich Open Meet	Ipswich	Colchester	3
2:11.52	431	H	19/10/14	Colchester Club Championships	Colchester		4
2:14.28	405		13/07/14	Sudbury & District SC Club Championships 2014	Sudbury	Sudbury	4
2:07.14	477	F	16/03/14	Suffolk County Championships	Ipswich	Sudbury	2
2:12.27	424		03/07/13	Sudbury & District Club Championships	Sudbury	Sudbury	4

2:11.84	428		07/04/13	Sudbury & District Spring Meet	Sudbury	Sudbury	3
2:12.87	418	F	17/03/13	Suffolk County Championships	Ipswich	Sudbury	2
2:19.19	363		12/01/13	Sudbury & District Last Chance Open Meet	Sudbury	Sudbury	3
2:24.04	328		25/07/12	Sudbury & District Club Championships	Sudbury	Sudbury	4
2:22.32	340	H	18/03/12	Suffolk County Championships	Newmarket	Sudbury	2
2:26.96	309	H	22/10/11	teamipswich 13th Open Meet	Ipswich	Sudbury	2
2:37.22	252		14/05/11	Sudbury & District Two Day Meet	Sudbury	Sudbury	4