

Individual Best Times (All Time)

Laurence Chalk - (509713) - Sudbury & District SC - 100 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:07.01	397	F	16/03/14	Suffolk County Championships	Ipswich	Sudbury	2
1:07.85	383		27/09/14	Sudbury & District SC Michaelmas Two Day Meet	Sudbury	Colchester	3
1:07.87	382		12/07/15	Sudbury & District Club Championships 2015	Sudbury	Sudbury	4
1:08.15	378		11/04/15	Sudbury Spring Two Day Open Meet	Sudbury	Sudbury	3
1:08.39	374		06/04/13	Sudbury & District Spring Meet	Sudbury	Sudbury	3
1:08.75	368	H	07/12/14	Braintree & Bocking Christmas 2014	Braintree		3
1:08.88	366		11/05/13	Sudbury & District Last Chance Time Trial	Sudbury	Sudbury	3
1:09.15	361	H	16/11/14	Colchester Club Championships	Colchester		4
1:09.19	361	F	17/03/13	Suffolk County Championships	Ipswich	Sudbury	2
1:09.24	360	F	05/12/15	Newmarket & District December Open Meet 2015	Newmarket		3
1:15.08	282	H	18/03/12	Suffolk County Championships	Newmarket	Sudbury	2
1:16.59	266		11/07/12	Sudbury & District Club Championships	Sudbury	Sudbury	4
1:17.16	260		21/01/12	Sudbury & District Last Chance Open Meet	Sudbury	Sudbury	4
1:18.89	243		15/05/11	Sudbury & District Two Day Meet	Sudbury	Sudbury	4
1:21.05	224		06/03/11	Suffolk County Championships	Ipswich	Sudbury	2
1:22.57	212		22/01/11	Sudbury & District Last Chance Meet	Sudbury	Sudbury	4
1:32.44	151		20/06/10	Suffolk County Development	Ipswich	Sudbury	3
1:32.49	151		27/06/10	Sudbury & District Open	Sudbury	Sudbury	4
1:37.85	127	H	18/04/10	Halstead Open Meet	Braintree	Sudbury	3
1:39.78	120		09/01/10	Sudbury & Dist Last Chance	Sudbury	Sudbury	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:09.24	360	F	05/12/15	Newmarket & District December Open Meet 2015	Newmarket		3
1:07.87	382		12/07/15	Sudbury & District Club Championships 2015	Sudbury	Sudbury	4
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