

# Individual Best Times (All Time)

Laurence Chalk - (509713) - Sudbury & District SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
31.25	354		12/04/15	Sudbury Spring Two Day Open Meet	Sudbury	Sudbury	3
31.50	345	F	09/03/14	Suffolk County ASA County Championships	Ipswich	Sudbury	2
31.63	341	F	02/11/14	Teamipswich Open Meet	Ipswich	Colchester	3
31.68	339		13/07/14	Sudbury & District SC Club Championships 2014	Sudbury	Sudbury	4
31.84	334	H	16/11/14	Colchester Club Championships	Colchester		4
32.06	328	H	07/12/14	Braintree & Bocking Christmas 2014	Braintree		3
32.16	324		28/09/14	Sudbury & District SC Michaelmas Two Day Meet	Sudbury	Colchester	3
32.17	324	F	11/03/13	Suffolk County Championships	Ipswich	Sudbury	2
32.19	324		11/05/13	Sudbury & District Last Chance Time Trial	Sudbury	Sudbury	3
32.28	321	F	11/03/13	Suffolk County Championships	Ipswich	Sudbury	2
32.68	309		11/01/13	Sudbury & District Last Chance Open Meet	Sudbury	Sudbury	3
32.84	305		03/07/13	Sudbury & District Club Championships	Sudbury	Sudbury	4
33.15	296		30/09/12	Sudbury Michaelmas Olympic Special	Sudbury	Sudbury	3
33.64	283		12/07/15	Sudbury & District Club Championships 2015	Sudbury	Sudbury	4
34.50	263		04/07/12	Sudbury & District Club Championships	Sudbury	Sudbury	4
35.47	242		22/01/12	Sudbury & District Last Chance Open Meet	Sudbury	Sudbury	4
38.38	191	H	08/01/11	teamipswich 12th Licensed Open Meet	Ipswich	Sudbury	3
42.63	139		01/09/10	Sudbury & Dist Club Chmps	Sudbury	Sudbury	4
42.71	138	H	19/09/10	teamipswich Novice Opener	Ipswich	Sudbury	4
42.73	138		27/06/10	Sudbury & District Open	Sudbury	Sudbury	4
43.26	133		21/06/10	Suffolk County Development	Ipswich	Sudbury	3
45.13	117		10/01/10	Sudbury & Dist Last Chance	Sudbury	Sudbury	4
47.45	101	H	18/04/10	Halstead Open Meet	Braintree	Sudbury	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
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33.64	283		12/07/15	Sudbury & District Club Championships 2015	Sudbury	Sudbury	4
31.25	354		12/04/15	Sudbury Spring Two Day Open Meet	Sudbury	Sudbury	3
32.06	328	H	07/12/14	Braintree & Bocking Christmas 2014	Braintree		3
31.84	334	H	16/11/14	Colchester Club Championships	Colchester		4
31.63	341	F	02/11/14	Teamipswich Open Meet	Ipswich	Colchester	3
32.16	324		28/09/14	Sudbury & District SC Michaelmas Two Day Meet	Sudbury	Colchester	3
31.68	339		13/07/14	Sudbury & District SC Club Championships 2014	Sudbury	Sudbury	4
31.50	345	F	09/03/14	Suffolk County ASA County Championships	Ipswich	Sudbury	2
32.84	305		03/07/13	Sudbury & District Club Championships	Sudbury	Sudbury	4
32.19	324		11/05/13	Sudbury & District Last Chance Time Trial	Sudbury	Sudbury	3
32.17	324	F	11/03/13	Suffolk County Championships	Ipswich	Sudbury	2
32.28	321	F	11/03/13	Suffolk County Championships	Ipswich	Sudbury	2
32.68	309		11/01/13	Sudbury & District Last Chance Open Meet	Sudbury	Sudbury	3
33.15	296		30/09/12	Sudbury Michaelmas Olympic Special	Sudbury	Sudbury	3
34.50	263		04/07/12	Sudbury & District Club Championships	Sudbury	Sudbury	4
35.47	242		22/01/12	Sudbury & District Last Chance Open Meet	Sudbury	Sudbury	4
38.38	191	H	08/01/11	teamipswich 12th Licensed Open Meet	Ipswich	Sudbury	3
42.71	138	H	19/09/10	teamipswich Novice Opener	Ipswich	Sudbury	4
42.63	139		01/09/10	Sudbury & Dist Club Chmps	Sudbury	Sudbury	4
42.73	138		27/06/10	Sudbury & District Open	Sudbury	Sudbury	4
43.26	133		21/06/10	Suffolk County Development	Ipswich	Sudbury	3
47.45	101	H	18/04/10	Halstead Open Meet	Braintree	Sudbury	3
45.13	117		10/01/10	Sudbury & Dist Last Chance	Sudbury	Sudbury	4