

Individual Best Times (All Time)

Alexandra Ashley - (507882) - Thetford Dolphins SC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:12.15	440	H	23/10/16	Tony Hegarty Club Championships	Thetford	Thetford	4
1:12.66	431	H	21/02/16	Norfolk County Championships 2016	Thetford	Thetford	2
1:12.80	428	H	28/01/17	Norfolk ASA County Championships 2017	Norfolk	Thetford	2
1:13.33	419	H	14/10/17	Tony Hegarty Club Championships & Age Groups Comp	Thetford	Thetford	4
1:13.58	415	H	18/06/17	Norfolk County Challenge 2017	Thetford	Thetford	3
1:13.61	414	H	08/03/15	Norfolk County Championships	Thetford		2
1:13.67	413	H	26/06/16	Norfolk County Challenge	Dereham	Thetford	3
1:14.38	401	H	28/06/15	Norfolk County Challenge Gala 2015	Dereham		3
1:16.68	366	H	09/03/14	Norfolk County Champs & AG Comp	Thetford	Thetford	2
1:17.79	351	H	29/06/14	Norfolk County Challenge Gala 2014	Dereham	Thetford	3
1:20.82	313	H	10/03/13	Norfolk County Championships	Thetford	Thetford	2
1:22.40	295	H	11/03/12	Norfolk County Championships	Thetford	Thetford	2
1:22.80	291	H	30/06/13	Norfolk County Challenge 2013	Dereham	Thetford	3

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