

# Individual Best Times (All Time)

Alexandra Ashley - (507882) - Thetford Dolphins SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
33.92	412	H	12/10/17	Tony Hegarty Club Championships & Age Groups Comp	Thetford	Thetford	4
33.98	410	H	20/02/16	Norfolk County Championships 2016	Thetford	Thetford	2
34.03	408	H	08/10/16	Tony Hegarty Club Championships	Thetford	Thetford	4
34.06	407	H	18/06/17	Norfolk County Challenge 2017	Thetford	Thetford	3
34.37	396	F	01/10/17	Iceni Level 3 Open Meet 2017	Dereham		3
34.53	391	H	04/09/16	Thetford Dolphins Nifty 50's	Thetford	Thetford	3
34.55	390	H	07/03/15	Norfolk County Championships	Thetford		2
34.65	386	H	03/09/17	Thetford Dolphins Nifty 50's	Thetford	Thetford	3
34.69	385	H	06/09/15	Thetford Dolphns Nifty 50's Sprints Meet	Thetford		3
35.00	375	H	22/01/17	Norfolk ASA County Championships 2017	Norfolk	Thetford	2
35.12	371	H	28/06/15	Norfolk County Challenge Gala 2015	Dereham		3
35.14	371	H	26/06/16	Norfolk County Challenge	Dereham	Thetford	3
35.92	347	H	08/03/14	Norfolk County Champs & AG Comp	Thetford	Thetford	2
36.79	323	H	29/06/14	Norfolk County Challenge Gala 2014	Dereham	Thetford	3
37.95	294	H	30/06/13	Norfolk County Challenge 2013	Dereham	Thetford	3
38.18	289	H	10/03/12	Norfolk County Championships	Thetford	Thetford	2
38.38	284	H	09/03/13	Norfolk County Championships	Thetford	Thetford	2
40.35	245	H	05/03/11	Norfolk County Championships	Thetford	Thetford	2
45.20	174	H	06/03/10	Norfolk County Champs	Thetford	Thetford	2

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