

Individual Best Times (All Time)

Conor Harrold - (50650) - Basildon and Phoenix SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:07.12	641	F	13/12/14	NASL London Round Division 1&2	Luton	Basildon Ph	3
2:07.91	629	F	12/12/15	National Arena League-London Premier Div-Round123	Watford	Basildon Ph	2
2:08.44	621	F	10/12/16	NASL London	Luton	Basildon Ph	3
2:09.34	608	F	10/10/15	National Arena League-London Premier Div-Round123	Harlow	Basildon Ph	2
2:09.66	604	H	18/01/15	Essex County Age Group Championships 2015	Basildon		2
2:10.35	594	F	11/10/14	National Arena League London Div 1 & 2	Luton	Basildon Ph	3
2:10.94	586	H	19/02/12	Essex County Age Group Championships	Basildon	Basildon Ph	2
2:11.03	585	H	26/03/11	Essex County Championships	Braintree	Basildon Ph	2
2:11.07	585	H	08/05/11	Thurrock 200 Meet	Grays	Basildon Ph	2
2:11.83	575	F	08/10/16	NASL London	Hatfield	Basildon Ph	3
2:12.70	563	H	07/11/10	East Region Winter Champs	Norwich	Basildon Ph	2
2:13.03	559	F	12/11/16	NASL London	Harlow	Basildon Ph	3
2:13.70	551	H	04/07/10	East Region Inter-County	Ipswich	Basildon Ph	3
2:14.08	546	H	02/10/10	Thurrock Season Opener Meet	Thurrock	Basildon Ph	2
2:14.40	542	H	28/03/10	Essex County Champs	Grays	Basildon Ph	2
2:14.44	542	F	08/11/14	NASL London Rounds Division 1 & 2	Basildon	Basildon Ph	3
2:15.75	526	F	07/11/10	East Region Winter Champs	Norwich	Basildon Ph	2
2:17.00	512	H	08/11/09	East Region Winter Champs	Norwich	Basildon Ph	2
2:18.72	493	H	02/01/10	Thurrock Club Champs	Grays	Basildon Ph	4
2:20.94	470	H	29/03/09	Essex County Champs	Grays	Basildon Ph	2
2:23.66	444		07/12/08	Thurrock Club Champs	Thurrock	Basildon Ph	4
2:26.31	420	H	22/06/08	Killerwhales Summer Meet	Grays Essex	Basildon Ph	4
2:30.38	387		05/01/07	Dover & Canterbury Meet	Kingsmead	Basildon Ph	2
2:30.69	385	H	24/03/07	Essex County Champs D	Grays	Basildon Ph	2
2:32.41	372	H	02/12/06	Guildford Winter Open	Guildford	Basildon Ph	1
2:34.79	355	H	27/05/06	Waltham Forest Development	Waltham Forest	Basildon Ph	1
2:36.78	344	H	26/02/06	Essex County Champs	Grays	Basildon Ph	2

2:36.79	341	H	20/03/06	Essex County Champs	Grays	Basildon Ph	2
2:44.35	296	H	06/02/05	Essex County Championships	Enfield	Basildon Ph	2
2:44.36	296	H	28/05/05	Boro of Waltham Forest Olympic	Waltham Forest Pool	Basildon Ph	2
2:49.48	270	H	04/12/04	Guildford City Open Meet 2004	Guildford	Basildon Ph	2
2:51.63	260	H	22/01/05	City of Cambridge SC 2005 Meet	Cambridge	Basildon Ph	2
2:58.10	233	H	29/05/04	Bo Waltham Forest Olympic Meet	Waltham Forest	Basildon Ph	2
3:00.02	225	H	07/12/03	Guildford City Meet	Guildford	Basildon Ph	2

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