

Individual Best Times (All Time)

Hayley Alcock - (506167) - Bedford Swim Squad - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:13.14	619	H	23/03/14	Bedfordshire Age Group & County Champs	Luton	Bedford SS	2
1:14.44	587	H	21/10/12	BG ASA National County Team Division 2	Sheffield	Bedford SS	2
1:14.89	577	H	16/10/11	BG ASA National County Team Division 2	Sheffield	Bedford SS	2
1:15.14	571	H	25/02/12	Bedfordshire County Championships	Biggleswade	Bedford SS	2
1:15.24	569	H	17/03/13	Bedfordshire County Championships	Luton	Bedford SS	2
1:15.31	567	H	11/11/18	BUCS Short Course Swimming Championships 2018	Sheffield		2
1:15.41	565	C	03/12/11	BG East Region Winter Championships	Norwich	Bedford SS	2
1:15.71	558	H	01/12/12	ASA East Region Winter Championships	Cambridge	Bedford SS	2
1:15.88	555	H	06/12/14	ASA East Region Winter Championships	Luton		2
1:15.91	554	H	05/03/11	Bedfordshire County Championships	Biggleswade	Bedford SS	2
1:16.00	552		06/10/12	Leicester Penguins 27th Open Meet	Braunstone	Bedford SS	2
1:16.06	551	H	15/05/11	Hatfield UK Challenge 2011	Hatfield	Bedford SS	2
1:16.19	548	F	01/12/12	ASA East Region Winter Championships	Cambridge	Bedford SS	2
1:16.38	544	F	19/11/11	City of Milton Keynes 502400's Meet	Bletchley	Bedford SS	2
1:16.53	541		02/10/11	Leicester Penguins 26th Open Meet	Braunstone	Bedford SS	2
1:16.86	534	F	15/05/11	Hatfield UK Challenge 2011	Hatfield	Bedford SS	2
1:17.07	529	H	03/12/11	BG East Region Winter Championships	Norwich	Bedford SS	2
1:17.18	527	F	21/01/12	Biggleswade Open Meet	Biggleswade	Bedford SS	3
1:17.29	525		28/11/10	Hitchin Open Meet	Hitchin	Bedford SS	3
1:17.55	519	F	06/11/10	East Region Winter Champs	Norwich	Bedford SS	2
1:17.86	513		22/01/11	Biggleswade 12th Open Meet	Biggleswade	Bedford SS	3
1:17.86	513	H	22/05/11	Mid Beds Open Meet	Biggleswade	Bedford SS	2
1:17.89	513		03/10/10	Leicester Penguins Open Meet	Leicester	Bedford SS	2
1:17.93	512	H	06/11/10	East Region Winter Champs	Norwich	Bedford SS	2
1:17.96	511	H	20/10/13	BG ASA National County Team Division 2	Sheffield	Bedford SS	2
1:18.56	500	H	03/07/11	East Region Inter Counties Gala	Peterborough	Bedford SS	3
1:18.83	488		07/06/10	City of Milton Keynes	Milton Keynes	Bedford SS	2

1:18.33	433		27/06/10	City of Milton Keynes	Milton Keynes	Bedford SS	3
1:19.28	486		25/04/10	City of Milton Keynes	Milton Keynes	Bedford SS	2
1:20.64	462	H	06/03/10	Bedfordshire Champs	Biggleswade	Bedford SS	2
1:21.44	448		15/11/09	Leighton Buzzard A Grade	Milton Keynes	Bedford SS	2
1:21.56	446		04/10/09	Leicester Penguins Open	Braunstone	Bedford SS	2
1:21.61	446	H	18/10/09	ASA Nat County Team Div 2	Sheffield	Bedford SS	2
1:23.04	423		29/11/09	Hitchin SC Open Meet	Hitchin	Bedford SS	3
1:23.68	413	H	16/01/10	City of Cambridge Open	Cambridge	Bedford SS	2
1:25.06	394	H	17/01/09	City of Cambridge SC Meet	Cambridge	Bedford SS	2
1:25.18	392	H	14/03/09	Bedfordshire Champs	Biggleswade	Bedford SS	2
1:26.24	378	F	09/05/10	Kingerlee Trophy Gala Meet	Stantonbury	Bedford SS	2
1:29.47	338		15/11/08	Milton Keynes Open Meet	Stantonbury	Bedford SS	2
1:30.47	327		05/10/08	Leicester Penguins Meet	Braunstone	Bedford SS	2
1:33.41	297		05/07/08	CMK End of Season Meet	Milton Keynes	Bedford SS	3
1:35.66	277		26/04/08	MK Last Chance Regional Q	Milton Keynes	Bedford SS	2
1:36.01	274	H	01/03/08	Beds County Champs	Biggleswade	Bedford SS	2
1:42.80	223		03/11/07	Leighton Buzzard Open	Aylesbury	Bedford SS	2

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