

Individual Best Times (All Time)

Hayley Alcock - (506167) - Bedford Swim Squad - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:07.30	542	H	16/03/13	Bedfordshire County Championships	Luton	Bedford SS	2
1:08.14	522	H	22/03/14	Bedfordshire Age Group & County Champs	Luton	Bedford SS	2
1:10.51	471		28/11/10	Hitchin Open Meet	Hitchin	Bedford SS	3
1:10.80	465		06/10/12	Leicester Penguins 27th Open Meet	Braunstone	Bedford SS	2
1:12.18	439	F	25/06/11	City of Milton Keynes End of Season Gala	Milton Keynes	Bedford SS	3
1:12.37	436		24/04/10	City of Milton Keynes	Milton Keynes	Bedford SS	2
1:12.99	425	F	20/11/11	City of Milton Keynes 502400's Meet	Bletchley	Bedford SS	2
1:13.36	418	H	19/03/11	Bedfordshire County Championships	Biggleswade	Bedford SS	2
1:13.53	415	H	10/03/12	Bedfordshire County Championships	Biggleswade	Bedford SS	2
1:14.40	401		22/01/11	Biggleswade 12th Open Meet	Biggleswade	Bedford SS	3
1:14.47	400	H	20/03/10	Bedfordshire Champs	Biggleswade	Bedford SS	2
1:14.74	396	F	21/11/10	Milton Keynes November Meet	Bletchley	Bedford SS	2
1:14.95	392	H	17/10/10	ASA National Team Div 2	Sheffield	Bedford SS	2
1:15.02	391		29/11/09	Hitchin SC Open Meet	Hitchin	Bedford SS	3
1:16.59	368		04/07/09	City of Milton Keynes Gala	Milton Keynes	Bedford SS	3
1:16.99	362	H	16/01/10	City of Cambridge Open	Cambridge	Bedford SS	2
1:20.98	311	H	28/03/09	Bedfordshire Champs	Biggleswade	Bedford SS	2
1:21.54	305	H	17/01/09	City of Cambridge SC Meet	Cambridge	Bedford SS	2
1:21.98	300		16/11/08	Milton Keynes Open Meet	Stantonbury	Bedford SS	2
1:22.86	290		05/07/08	CMK End of Season Meet	Milton Keynes	Bedford SS	3
1:24.48	274		05/10/08	Leicester Penguins Meet	Braunstone	Bedford SS	2
1:25.16	267	H	20/07/08	Cambridge Summer Open	Cambridge	Bedford SS	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:08.14	522	H	22/03/14	Bedfordshire Age Group & County Champs	Luton	Bedford SS	2

1:07.30	542	H	16/03/13	Bedfordshire County Championships	Luton	Bedford SS	2
1:10.80	465		06/10/12	Leicester Penguins 27th Open Meet	Braunstone	Bedford SS	2
1:13.53	415	H	10/03/12	Bedfordshire County Championships	Biggleswade	Bedford SS	2
1:12.99	425	F	20/11/11	City of Milton Keynes 502400's Meet	Bletchley	Bedford SS	2
1:12.18	439	F	25/06/11	City of Milton Keynes End of Season Gala	Milton Keynes	Bedford SS	3
1:13.36	418	H	19/03/11	Bedfordshire County Championships	Biggleswade	Bedford SS	2
1:14.40	401		22/01/11	Biggleswade 12th Open Meet	Biggleswade	Bedford SS	3
1:10.51	471		28/11/10	Hitchin Open Meet	Hitchin	Bedford SS	3
1:14.74	396	F	21/11/10	Milton Keynes November Meet	Bletchley	Bedford SS	2
1:14.95	392	H	17/10/10	ASA National Team Div 2	Sheffield	Bedford SS	2
1:12.37	436		24/04/10	City of Milton Keynes	Milton Keynes	Bedford SS	2
1:14.47	400	H	20/03/10	Bedfordshire Champs	Biggleswade	Bedford SS	2
1:16.99	362	H	16/01/10	City of Cambridge Open	Cambridge	Bedford SS	2
1:15.02	391		29/11/09	Hitchin SC Open Meet	Hitchin	Bedford SS	3
1:16.59	368		04/07/09	City of Milton Keynes Gala	Milton Keynes	Bedford SS	3
1:20.98	311	H	28/03/09	Bedfordshire Champs	Biggleswade	Bedford SS	2
1:21.54	305	H	17/01/09	City of Cambridge SC Meet	Cambridge	Bedford SS	2
1:21.98	300		16/11/08	Milton Keynes Open Meet	Stantonbury	Bedford SS	2
1:24.48	274		05/10/08	Leicester Penguins Meet	Braunstone	Bedford SS	2
1:25.16	267	H	20/07/08	Cambridge Summer Open	Cambridge	Bedford SS	4
1:22.86	290		05/07/08	CMK End of Season Meet	Milton Keynes	Bedford SS	3