

Individual Best Times (All Time)

Hayley Alcock - (506167) - Bedford Swim Squad - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
28.50	520	H	11/03/12	Bedfordshire County Championships	Biggleswade	Bedford SS	2
28.53	519	H	16/03/13	Bedfordshire County Championships	Luton	Bedford SS	2
28.78	505	H	22/03/14	Bedfordshire Age Group & County Champs	Luton	Bedford SS	2
29.07	490	F	28/04/12	City of Milton Keynes Spring Open Meet	Bletchley	Bedford SS	2
29.14	487	H	03/12/11	BG East Region Winter Championships	Norwich	Bedford SS	2
29.16	486	F	22/01/12	Biggleswade Open Meet	Biggleswade	Bedford SS	3
29.18	485		02/10/11	Leicester Penguins 26th Open Meet	Braunstone	Bedford SS	2
29.21	483	H	20/03/11	Bedfordshire County Championships	Biggleswade	Bedford SS	2
29.40	474	H	01/12/12	ASA East Region Winter Championships	Cambridge	Bedford SS	2
29.44	472	F	25/06/11	City of Milton Keynes End of Season Gala	Milton Keynes	Bedford SS	3
29.48	470	H	06/11/10	East Region Winter Champs	Norwich	Bedford SS	2
29.52	468		03/10/10	Leicester Penguins Open Meet	Leicester	Bedford SS	2
29.57	466		06/10/12	Leicester Penguins 27th Open Meet	Braunstone	Bedford SS	2
29.79	456		26/06/10	City of Milton Keynes	Milton Keynes	Bedford SS	3
29.97	447		23/01/11	Biggleswade 12th Open Meet	Biggleswade	Bedford SS	3
30.75	414		04/10/09	Leicester Penguins Open	Braunstone	Bedford SS	2
30.78	413	H	17/01/10	City of Cambridge Open	Cambridge	Bedford SS	2
30.81	412		22/11/09	Milton Keynes 502400 Open	Milton Keynes	Bedford SS	2
31.23	395	H	21/03/10	Bedfordshire Champs	Biggleswade	Bedford SS	2
31.61	381	H	29/03/09	Bedfordshire Champs	Biggleswade	Bedford SS	2
31.61	381		15/11/09	Leighton Buzzard A Grade	Milton Keynes	Bedford SS	2
31.75	376		04/07/09	City of Milton Keynes Gala	Milton Keynes	Bedford SS	3
31.77	375		11/04/10	City of Peterborough Meet	Peterborough	Bedford SS	2
31.85	373		16/11/08	Milton Keynes Open Meet	Stantonbury	Bedford SS	2
32.18	361	H	18/01/09	City of Cambridge SC Meet	Cambridge	Bedford SS	2
33.16	330	H	20/07/08	Cambridge Summer Open	Cambridge	Bedford SS	4
33.44	322		26/04/09	Milton Keynes Regional Open	Milton Keynes	Bedford SS	3

33.44	322		26/04/08	MK Last Chance Regional Q	Milton Keynes	Bedford SS	2
33.67	315		05/10/08	Leicester Penguins Meet	Braunstone	Bedford SS	2
33.72	314		05/07/08	CMK End of Season Meet	Milton Keynes	Bedford SS	3
34.10	304	H	16/03/08	Beds County Championships	Biggleswade	Bedford SS	2
34.20	301	H	20/01/08	Cambridge 2008 SC Meet	Cambridge	Bedford SS	2
34.94	282		03/11/07	Leighton Buzzard Open	Aylesbury	Bedford SS	2
35.10	278		17/11/07	Milton Keynes November	Milton Keynes	Bedford SS	2
35.26	275		07/10/07	Leicester Penguins Open	Braunstone	Bedford SS	2

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