

Individual Best Times (All Time)

Jack Shillinglaw - (505896) - Loughborough University Swimming - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:01.90	727	F	15/12/18	SE Winter Championships 2018	Sheffield	Lboro Uni	2
2:03.96	691	H	15/12/18	SE Winter Championships 2018	Sheffield	Lboro Uni	2
2:05.11	672	H	17/11/18	Stockport Metro November Short Course Open Meet	Stockport	Lboro Uni	2
2:05.11	672	F	17/11/18	Stockport Metro November Short Course Open Meet	Stockport	Lboro Uni	2
2:07.31	638	H	18/11/17	Stockport Metro November Meet 2017	Stockport	Ellesmere Co	2
2:07.31	638	F	18/11/17	Stockport Metro November Meet 2017	Stockport	Ellesmere Co	2
2:07.32	638	H	21/10/18	Manchester International Swim Meet (MISM) 2018	Manchester	Lboro Uni	2
2:09.77	602	F	19/12/15	Wirral Metro Christmas Level 3 Gala 2015	Birkenhead	Wirral Metro	3
2:10.28	595	H	06/11/16	Midland Short Course Championships 2016	Nottingham	Ellesmere Co	2
2:10.38	594	F	09/07/16	Wirral Metro Summer Meet 2016 (L3)	Birkenhead	Wirral Metro	3
2:10.84	588	H	21/11/15	Stockport Metro November Meet 2015	Stockport	Wirral Metro	2
2:13.03	559	H	25/10/15	Manchester International Meet 2015	Manchester	Wirral Metro	2
2:13.21	557	H	08/11/15	ASA North West Region Winter Championships	Liverpool	Wirral Metro	2
2:13.93	548	F	06/11/16	Midland Short Course Championships 2016	Nottingham	Ellesmere Co	2
2:17.93	502	F	13/09/15	Wirral Metro Club Championships 2015	Birkenhead	Wirral Metro	4
2:18.83	492	H	16/11/13	Stockport November L2 Meet	Stockport	Garston	2
2:18.83	492	F	16/11/13	Stockport November L2 Meet	Stockport	Garston	2
2:18.86	492	H	30/03/14	Cheshire County WP & Swimming Champs	Macclesfield	Garston	2
2:21.93	460	F	05/10/14	Wirral Metro Level 2 Autumn Meet	Birkenhead	Wirral Metro	2
2:26.41	419	H	17/03/13	Cheshire County Championships	Macclesfield	Garston	2
2:26.75	416	F	15/09/13	Wirral Metro Club Championships 2013	Birkenhead	Garston	4
2:27.10	413	F	14/09/14	Wirral Metro 2014 Club Championships	Birkenhead	Wirral Metro	4
2:31.48	379	F	07/10/12	Wirral Metro Autumn Meet	Birkenhead	Garston	2
2:32.56	371	H	17/11/12	Stockport Metro November Short Course Meet	Stockport	Garston	2
2:32.70	370	F	07/07/12	Wirral Metro SC Summer Open Meet	Birkenhead	Garston	3
2:36.27	345	H	18/03/12	Cheshire County Championships	Macclesfield	Garston	2
2:36.58	342	F	16/09/12	Wirral Metro SC Club Championships 2012	Birkenhead	Garston	4

2:39.92	322	F	17/12/11	Wirral Metro Xmas Event	Birkenhead	Garston	4
2:41.68	311	F	11/07/15	Wirral Metro Summer Open Meet	Birkenhead	Wirral Metro	3
2:45.61	290	F	30/10/11	Peninsular Championships	Birkenhead	Garston	4
2:49.33	271	F	09/07/11	Wirral Metro Summer Open Meet	Birkenhead	Garston	3
2:50.69	264	F	30/04/11	Wrexham Spring Meet	Wrexham	Garston	2
2:53.27	253	H	27/03/11	Cheshire County Championships	Macclesfield	Garston	2
2:56.56	239	H	12/02/11	Liverpool & District Age Group & Champions	Liverpool	Garston	2
3:04.65	209	F	26/09/10	Peninsula Club Champs	Birkenhead	Garston	4
3:18.12	169	F	10/07/10	Wirral Metro Open Meet	Birkenhead	Garston	3
3:32.10	138	F	19/12/09	Wirral Metro Xmas Meet	Birkenhead	Garston	4

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