## **Individual Best Times (All Time)**

Sophie Druce - (501105) - Alton & District Swimming Club - 50 Freestyle - Short Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Leve
28.67	511	F	21/11/15	Alton & District SC Autumn Club Championships	Alton	Alton & Dist	4
28.75	507		06/04/14	Swim Bournemouth 4th Annual Open Meet	Bournemouth	Alton & Dist	2
28.94	497	Н	22/06/14	Havant & Waterlooville Midsummer Open 2014	Waterlooville	Alton & Dist	3
28.95	496	F	27/09/14	Alton & District Club Championships	Alton	Alton & Dist	4
29.11	488		28/09/13	Alton & District Autumn Winter Club Champs	Alton	Alton & Dist	4
29.11	488	Н	23/07/16	Fareham Nomads Level 3 Meet	Waterlooville	Alton & Dist	3
29.17	485		29/03/15	Swim Bournemouth 5th Annual Open Meet	Bournemouth	Alton & Dist	2
29.27	480		01/12/12	ASA South East Region Open & Junior Meet	Aldershot	Alton & Dist	2
29.28	480	F	25/06/16	Alton District Club Championships	Alton	Alton & Dist	4
29.32	478		29/09/12	Alton & District Club Championships	Alton	Alton & Dist	4
29.34	477	Н	06/12/14	ASA South East Region Championships	Portsmouth	Alton & Dist	2
29.44	472	Н	13/06/15	Swim Out of Your Skin Open Meet	Waterlooville	Alton & Dist	3
29.51	469		14/04/12	Swim Bournemouth 2nd Annual Open Meet	Littledown	Alton & Dist	2
29.72	459		10/03/13	Hampshire County Championships	Southampton	Alton & Dist	2
29.72	459		06/10/13	City of Southampton SC James Moreno Open	Southampton	Alton & Dist	2
29.74	458	F	09/02/14	City of Southampton SC Open Meet 2014	Southampton	Alton & Dist	2
29.77	456	F	05/10/14	14th James Moreno Open Meet	Southampton	Alton & Dist	2
29.80	455		25/11/12	Hampshire Schools Swimming Championships	Southampton	Alton & Dist	3
29.87	452	F	04/10/15	City of Southampton SC 15th James Moreno Open Meet	Southampton	Alton & Dist	2
29.96	448		11/03/12	Hampshire County Championships	Waterlooville	Alton & Dist	2
30.05	444	Н	21/07/12	Fareham Nomads SC Summer Open Meet 2012	Southampton	Alton & Dist	3
30.09	442		06/04/13	Swim Bournmouth 3rd Annual Open Meet	Littledown	Alton & Dist	2
30.54	423		05/02/12	City of Southampton Open Meet	Southampton	Alton & Dist	2
30.60	420		01/10/11	Alton & District Autumn Club Championships	Alton	Alton & Dist	4
30.89	409		16/10/11	James Moreno Open Meet	Southampton	Alton & Dist	2
31.30	393		25/09/11	Hampshire Schools Championships	Southampton	Alton & Dist	3
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31.37	390	П	U4/ I ∠/ I I	παναιτι α vvateriouville reter duil ivleet	vvateriooville	ΑΙΙΟΠ & ΔΙδί	Page 2/3
31.54	384	Н	16/07/11	Fareham Nomads Summer Open Meet	Southampton	Alton & Dist	3
32.27	358		06/03/11	Hampshire County Championships	Waterlooville	Alton & Dist	2
32.44	353		09/04/11	Swim Bournemouth Open Meet	Littledown	Alton & Dist	2
33.12	331		06/02/11	City of Southampton Open Meet	Southampton	Alton & Dist	2
35.32	273	Н	05/12/10	Havant & Waterlooville Peter Bull Open Mee	Waterlooville	Alton & Dist	3
35.78	263		25/09/10	Alton & District Champs	Alton	Alton & Dist	4
37.04	237	Н	25/04/10	Havant & Waterlooville	Waterlooville	Alton & Dist	3
38.21	216		03/07/10	Hampshire Development	Waterlooville	Alton & Dist	3
39.37	197	Н	05/12/09	H&W Peter Bull Open Meet	Waterlooville	Alton & Dist	3
40.10	186		26/09/09	Alton & Dist Club Champs	Alton	Alton & Dist	4
47.00	116		04/10/08	Alton & Dist Club Champs	Alton	Alton & Dist	4

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.11	488	Н	23/07/16	Fareham Nomads Level 3 Meet	Waterlooville	Alton & Dist	3
29.28	480	F	25/06/16	Alton District Club Championships	Alton	Alton & Dist	4
28.67	511	F	21/11/15	Alton & District SC Autumn Club Championships	Alton	Alton & Dist	4
29.87	452	F	04/10/15	City of Southampton SC 15th James Moreno Open Meet	Southampton	Alton & Dist	2
29.44	472	Н	13/06/15	Swim Out of Your Skin Open Meet	Waterlooville	Alton & Dist	3
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28.75	507		06/04/14	Swim Bournemouth 4th Annual Open Meet	Bournemouth	Alton & Dist	2
29.74	458	F	09/02/14	City of Southampton SC Open Meet 2014	Southampton	Alton & Dist	2
29.72	459		06/10/13	City of Southampton SC James Moreno Open	Southampton	Alton & Dist	2
29.11	488		28/09/13	Alton & District Autumn Winter Club Champs	Alton	Alton & Dist	4
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38.21	216		03/07/10	Hampshire Development	Waterlooville	Alton & Dist	3
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