

Individual Best Times (All Time)

Dominic Scifo - (496341) - Team Ipswich Swimming - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:57.26	608	F	11/02/18	Suffolk County Championships 2018	Ipswich	teamipswich	2
1:57.58	603	H	05/11/16	East Swimming 2016 SC Championships	Luton	teamipswich	2
1:59.21	579	F	23/11/14	Teamipswich Club Championships	Ipswich	teamipswich	4
1:59.43	576	F	19/11/16	Teamipswich November Open 2016	Ipswich	teamipswich	3
1:59.58	573	F	12/02/17	Suffolk County ASA Championships 2017	Ipswich	teamipswich	2
1:59.72	571	F	01/11/14	Teamipswich Open Meet	Ipswich	teamipswich	3
2:01.10	552	H	06/12/14	ASA East Region Winter Championships	Luton		2
2:01.88	541	F	15/03/15	Suffolk County Championships	Ipswich	teamipswich	2
2:03.12	525	F	27/09/15	Teamipswich Club Championships 2015	Ipswich	teamipswich	4
2:03.71	518	F	21/02/16	Suffolk County Championships 2016	Ipswich	teamipswich	2
2:05.32	498	F	16/03/14	Suffolk County Championships	Ipswich	teamipswich	2
2:06.65	483	F	19/01/14	Teamipswich January Last Chance Meet	Ipswich	teamipswich	3
2:08.87	458	F	17/03/13	Suffolk County Championships	Ipswich	teamipswich	2
2:11.95	427	F	18/11/12	Teamipswich Club Championships	Ipswich	teamipswich	4
2:12.02	426	H	12/05/12	Hatfield SC UK Challenge	Hatfield	teamipswich	2
2:12.46	422	H	18/03/12	Suffolk County Championships	Newmarket	teamipswich	2
2:13.52	412		27/11/11	Teamipswich Club Championships	Ipswich	teamipswich	4
2:15.16	397	H	22/10/11	teamipswich 13th Open Meet	Ipswich	teamipswich	2
2:21.67	345		06/03/11	Suffolk County Championships	Ipswich	teamipswich	2
2:26.00	315	H	24/10/10	teamipswich 25th Open Meet	Ipswich	teamipswich	2
2:32.11	278		06/03/10	Suffolk County Champs	Ipswich	teamipswich	2
2:34.77	264	H	23/01/10	teamipswich 11th Open Meet	Ipswich	teamipswich	2
2:35.48	261		15/03/09	Suffolk County Champs	Ipswich	teamipswich	2
2:39.49	241	H	31/10/09	teamipswich Junior Open	Ipswich	teamipswich	2
2:44.07	222	H	17/01/09	teamipswich 10th Open	Ipswich	teamipswich	2
2:46.60	212		28/11/08	Mildenhall & District	Mildenhall	teamipswich	4

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