

Individual Best Times (All Time)

Dominic Scifo - (496341) - Team Ipswich Swimming - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.77	409	F	22/11/15	Teamipswich November Open 2015	Ipswich	teamipswich	3
29.91	403	F	12/07/15	Teamipswich July Surprize Open 2015	Ipswich	teamipswich	3
30.33	387	F	18/01/15	Teamipswich Swimming January Open Meet	Ipswich	teamipswich	3
30.55	379	F	13/07/14	Teamipswich SC July Surprize Open	Ipswich	teamipswich	3
35.19	248		05/03/11	Suffolk County Championships	Ipswich	teamipswich	2
35.27	246		05/03/11	Suffolk County Championships	Ipswich	teamipswich	2
36.98	213	H	11/07/10	Teamipswich Summer Sprint	Ipswich	teamipswich	3
38.59	188		13/03/10	Suffolk County Champs	Ipswich	teamipswich	2
38.93	183		13/03/10	Suffolk County Champs	Ipswich	teamipswich	2
39.35	177		07/03/09	Suffolk County Champs	Ipswich	teamipswich	2
39.39	176		07/03/09	Suffolk County Champs	Ipswich	teamipswich	2
39.53	174	H	23/01/10	teamipswich 11th Open Meet	Ipswich	teamipswich	2
39.85	170	H	01/11/09	teamipswich Junior Open	Ipswich	teamipswich	2
41.59	150	H	17/01/09	teamipswich 10th Open	Ipswich	teamipswich	2
43.07	135		15/11/08	Mildenhall & District Club	Mildenhall	teamipswich	4

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