

Individual Best Times (All Time)

Alaina Scifo - (496333) - Team Ipswich Swimming - 100 Butterfly - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:06.13	545	F	08/03/14	Suffolk County ASA County Championships	Ipswich	teamipswich	2
1:06.41	539	F	08/03/14	Suffolk County ASA County Championships	Ipswich	teamipswich	2
1:06.50	536	F	13/07/14	Teamipswich SC July Surprize Open	Ipswich	teamipswich	3
1:07.13	521	H	07/03/15	Suffolk County Championships	Ipswich		2
1:07.17	521	F	07/03/15	Suffolk County Championships	Ipswich	teamipswich	2
1:07.23	519	F	22/11/14	Teamipswich Club Championships	Ipswich	teamipswich	4
1:07.52	512	F	10/03/13	Suffolk County Championships	Ipswich	teamipswich	2
1:07.67	509	H	08/11/15	ASA East Region Winter Championships 2015	Luton		2
1:07.69	509	F	10/03/13	Suffolk County Championships	Ipswich	teamipswich	2
1:08.12	499	F	18/01/15	Teamipswich Swimming January Open Meet	Ipswich	teamipswich	3
1:08.16	498	H	15/12/13	Suffolk County ASA Three Counties Gala	Ipswich	teamipswich	2
1:08.25	496	H	13/02/16	Suffolk County Championships 2016	Ipswich	teamipswich	2
1:08.35	494	F	28/09/14	Teamipswich SC Early Season Open Meet	Ipswich	teamipswich	3
1:08.69	487	F	13/02/16	Suffolk County Championships 2016	Ipswich	teamipswich	2
1:09.95	461	F	10/03/12	Suffolk County Championships	Newmarket	teamipswich	2
1:11.45	432		26/11/11	Teamipswich Club Championships	Ipswich	teamipswich	4
1:11.45	432	H	12/05/12	Hatfield SC UK Challenge	Hatfield	teamipswich	2
1:11.61	429	H	10/03/12	Suffolk County Championships	Newmarket	teamipswich	2
1:12.01	422		06/03/11	Suffolk County Championships	Ipswich	teamipswich	2
1:12.04	422	H	10/07/11	teamipswich Summer Sprints	Ipswich	teamipswich	3
1:13.17	403	F	17/11/12	Teamipswich Club Championships	Ipswich	teamipswich	4
1:14.45	382		06/03/11	Suffolk County Championships	Ipswich	teamipswich	2
1:18.65	324		07/03/10	Suffolk County Champs	Ipswich	teamipswich	2
1:18.70	323	H	11/07/10	Teamipswich Summer Sprint	Ipswich	teamipswich	3
1:19.73	311	H	01/11/09	teamipswich Junior Open	Ipswich	teamipswich	2
1:20.77	299	H	11/07/09	teamipswich Summer Sprints	Ipswich	teamipswich	3
1:27.88	222		15/11/09	Mildenhall & District Club	Mildenhall	teamipswich	4

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1:27.80	233		15/11/08	Mildenhall & District Club	Mildenhall	teamipswich	4