

# Individual Best Times (All Time)

Joe Northover - (49238) - Newham & University of East Lond - 400 Freestyle - Short Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:36.75	451	F	03/04/11	Middlesex County Spring Development Meet	Enfield	Oxford Uni	4

## Swims in Date Order

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4:36.75	451	F	03/04/11	Middlesex County Spring Development Meet	Enfield	Oxford Uni	4