

# Individual Best Times (All Time)

Rachel Cox - (490405) - Wycombe District SC - 100 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
56.37	708	F	19/11/17	Guildford City L2 Winter Meet	Guildford	Wycombe Dist	2
56.42	706	F	17/12/17	Hillingdon Winter Short Course Open Meet 2017	Hillingdon	Wycombe Dist	3
57.00	685	H	17/12/17	Hillingdon Winter Short Course Open Meet 2017	Hillingdon	Wycombe Dist	3
57.09	681	F	09/12/17	NASLS - Round Three	Wycombe	Wycombe Dist	2
57.18	678	F	15/01/17	Berks & Sth Bucks ASA 2017 County Championships	Wycombe	Wycombe Dist	2
57.60	663	F	19/11/17	Guildford City L2 Winter Meet	Guildford	Wycombe Dist	2
57.66	661	F	16/10/16	Wycombe District Inaugural Premier Meet	Wycombe	Wycombe Dist	2
57.76	658	F	18/12/16	Hillingdon Winter Short Course Open Meet	Uxbridge	Wycombe Dist	3
57.77	658	H	03/11/18	Midland Winter Short Course Championships 2018	Harvey Hadden	Nova Cent'n	2
57.81	656	H	15/01/17	Berks & Sth Bucks ASA 2017 County Championships	Wycombe	Wycombe Dist	2
58.00	650	F	16/10/16	Wycombe District Inaugural Premier Meet	Wycombe	Wycombe Dist	2
58.11	646	H	06/11/16	ASA South East Region Winter Championships 2016	Portsmouth	Wycombe Dist	2
58.15	645	H	14/12/18	SE Winter Championships 2018	Sheffield	Nova Cent'n	2
58.16	644	H	17/11/19	BUCS Short Course Swimming Championships 2019	Sheffield		2
58.28	640	H	06/11/16	ASA South East Region Winter Championships 2016	Portsmouth	Wycombe Dist	2
58.33	639	H	18/12/16	Hillingdon Winter Short Course Open Meet	Uxbridge	Wycombe Dist	3
58.49	634	F	20/10/19	Millfield & Team Bath Super Series L2 SC Meet	Millfield	Bath Univ	2
58.50	633	F	20/11/16	Guildford L2 Winter Qualifier Champs	Guildford	Wycombe Dist	2
58.59	630	F	10/12/16	NASLS - Round 3	High Wycombe	Wycombe Dist	3
58.60	630	H	08/11/15	ASA South East Region Winter Championships 2015	Portsmouth	Wycombe Dist	2
58.60	630	F	20/10/18	Nova Centurion October L2 SC Open Meet	Nottingham	Nova Cent'n	2
58.61	630	F	20/11/16	Guildford L2 Winter Qualifier Champs	Guildford	Wycombe Dist	2
58.68	627	F	12/11/16	NASLS Round 2	Woking	Wycombe Dist	3
58.88	621	H	18/10/15	ASA National County Teams Division 1	Sheffield		2
59.05	616	F	04/10/14	Maxwell Autumn Meet	Aylesbury	Wycombe Dist	3
59.12	614	F	12/12/15	NAL South Premier Division Final	Crawley	Wycombe Dist	2
59.15	612	F	07/02/15	Berks & S Bucks ASA County & Age Group Champs	Maidenhead	Wycombe Dist	2

59.15	615	F	07/03/15	Berks & S Bucks ASA County & Age Group Champs	Maidenhead	Wycombe Dist	2
59.20	611	H	20/10/18	Nova Centurion October L2 SC Open Meet	Nottingham	Nova Cent'n	2
59.29	608	H	11/11/18	BUCS Short Course Swimming Championships 2018	Sheffield		2
59.44	604	F	11/10/14	National Swimming Arena South 2014 R1	Bexleyheath	Wycombe Dist	3
59.47	603	F	08/11/14	NASL2014 Round 2	Guildford	Wycombe Dist	3
1:00.00	587	H	07/12/14	ASA South East Region Championships	Portsmouth	Wycombe Dist	2
1:00.17	582	F	11/10/14	National Swimming Arena South 2014 R1	Bexleyheath	Wycombe Dist	3
1:00.25	580	F	08/11/14	NASL2014 Round 2	Guildford	Wycombe Dist	3
1:00.32	578	H	07/03/15	Berks & S Bucks ASA County & Age Group Champs	Maidenhead	Wycombe Dist	2
1:00.37	576	F	13/12/14	NASLS 2014 Round Three	Woking	Wycombe Dist	3
1:00.49	573	F	03/10/15	Maxwell Swim Club October 2015 L2 Meet	Aylesbury	Wycombe Dist	2
1:01.15	554	H	08/03/14	Berkshire & South Buckinghamshire Champs	Maidenhead	Wycombe Dist	2
1:01.38	548	F	08/03/14	Berkshire & South Buckinghamshire Champs	Maidenhead	Wycombe Dist	2
1:03.92	485	H	19/01/14	Windsor Level 2 Licenced Meet	Windsor	Wycombe Dist	2
1:04.32	476	F	04/01/14	Abingdon Vale Level 3 Open Meet	Oxford	Wycombe Dist	3
1:05.06	460	F	22/06/13	CMKSC 11th Annual End of Season	Bletchley	Wycombe Dist	3
1:05.60	449	F	05/10/13	Maxwell Autumn Meet	Aylesbury	Wycombe Dist	3
1:05.87	443	F	22/06/13	CMKSC 11th Annual End of Season	Bletchley	Wycombe Dist	3
1:07.98	403	H	09/03/13	Berkshire & South Buckinghamshire CC	Maidenhead	Wycombe Dist	2
1:08.29	398		16/12/12	Swim Bournemouth 4th Christmas Meet	Bournemouth	Wycombe Dist	2
1:08.87	388	F	16/06/12	Maxwell SC Summer Meet	Aylesbury	Wycombe Dist	3
1:09.80	373	F	15/07/12	Hillingdon SC Summer Meet	Hayes	Wycombe Dist	3
1:10.35	364	F	15/07/12	Hillingdon SC Summer Meet	Hayes	Wycombe Dist	3
1:11.10	353	F	04/12/11	Haslemere Christmas Level 3 Meet	Haslemere	Wycombe Dist	3
1:11.84	342	H	25/02/12	Berkshire & South Bucks County Championshi	Maidenhead	Wycombe Dist	2
1:13.39	320	F	09/04/11	City of Milton Keynes Spring Open Gala	Bletchley	Wycombe Dist	2
1:13.54	319	F	02/10/11	Maxwell Autumn Meet	Aylesbury	Wycombe Dist	3
1:14.10	311	H	03/12/11	Bracknell & Wokingham SC Level 3 Open Mt	Bracknell	Wycombe Dist	3
1:14.91	301		07/01/12	Black Swan County Qualifier	Staines	Wycombe Dist	3
1:15.26	297	F	22/01/11	Maxwell January Meet	Aylesbury	Wycombe Dist	2
1:16.57	282	H	12/03/11	Berkshire & South Buckinghamshire Champs	Maidenhead	Wycombe Dist	2
1:19.15	255		24/04/10	City of Milton Keynes	Milton Keynes	Wycombe Dist	2
1:21.39	235	H	27/03/10	Berks & South Bucks	Maidenhead	Wycombe Dist	2
1:31.70	164	H	20/06/09	City of Oxford Junior Meet	Oxford	Wycombe Dist	3

## Swims in Date Order

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58.16	644	H	17/11/19	BUCS Short Course Swimming Championships 2019	Sheffield		2
58.49	634	F	20/10/19	Millfield & Team Bath Super Series L2 SC Meet	Millfield	Bath Univ	2
58.15	645	H	14/12/18	SE Winter Championships 2018	Sheffield	Nova Cent'n	2
59.29	608	H	11/11/18	BUCS Short Course Swimming Championships 2018	Sheffield		2
57.77	658	H	03/11/18	Midland Winter Short Course Championships 2018	Harvey Hadden	Nova Cent'n	2
58.60	630	F	20/10/18	Nova Centurion October L2 SC Open Meet	Nottingham	Nova Cent'n	2
59.20	611	H	20/10/18	Nova Centurion October L2 SC Open Meet	Nottingham	Nova Cent'n	2
56.42	706	F	17/12/17	Hillingdon Winter Short Course Open Meet 2017	Hillingdon	Wycombe Dist	3
57.00	685	H	17/12/17	Hillingdon Winter Short Course Open Meet 2017	Hillingdon	Wycombe Dist	3
57.09	681	F	09/12/17	NASLS - Round Three	Wycombe	Wycombe Dist	2
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57.60	663	F	19/11/17	Guildford City L2 Winter Meet	Guildford	Wycombe Dist	2
57.18	678	F	15/01/17	Berks & Sth Bucks ASA 2017 County Championships	Wycombe	Wycombe Dist	2
57.81	656	H	15/01/17	Berks & Sth Bucks ASA 2017 County Championships	Wycombe	Wycombe Dist	2
57.76	658	F	18/12/16	Hillingdon Winter Short Course Open Meet	Uxbridge	Wycombe Dist	3
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59.44	604	F	11/10/14	National Swimming Arena South 2014 R1	Bexleyheath	Wycombe Dist	3
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1:01.38	548	F	08/03/14	Berkshire & South Buckinghamshire Champs	Maidenhead	Wycombe Dist	2
1:01.15	554	H	08/03/14	Berkshire & South Buckinghamshire Champs	Maidenhead	Wycombe Dist	2
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