

Individual Best Times (All Time)

Aisha Karouai - (490097) - Putteridge Swimming Club - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|-------------------------------|---------|-----------------|-------|
| 3:48.00 | 205 | H | 30/06/12 | Team Luton Club Championships | Luton | Team Luton | 4 |
| 4:07.79 | 160 | H | 25/06/11 | Team Luton Club Championships | Hitchin | Team Luton | 4 |

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