

Individual Best Times (All Time)

Aisha Karouai - (490097) - Putteridge Swimming Club - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:00.93	263	H	26/05/12	Team Luton Club Championships	Luton	Team Luton	4
6:03.58	257	F	03/12/16	Putteridge Club Championships	St Albans	Putteridge	4
6:08.56	247	H	10/03/12	Bedfordshire County Championships	Biggleswade	Team Luton	2
6:47.47	182	H	25/06/11	Team Luton Club Championships	Hitchin	Team Luton	4

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