

Individual Best Times (All Time)

Aisha Karouai - (490097) - Putteridge Swimming Club - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:26.71	425	F	03/12/16	Putteridge Club Championships	St Albans	Putteridge	4
2:31.43	386	H	11/07/15	Dunstable Club Championships	Dunstable		4
2:40.69	323	H	15/11/14	Dunstable Club Championships	Dunstable		4
2:41.83	316	H	28/10/12	Flitwick Dolphins Open Meet	Flitwick	Team Luton	3
2:43.04	309	H	08/09/12	Team Luton Club Championships	Luton	Team Luton	4
2:47.17	287	H	13/05/12	Mid Beds Open Meet	Biggleswade	Team Luton	2
2:49.02	277	H	11/03/12	Bedfordshire County Championships	Biggleswade	Team Luton	2
2:49.68	274	F	20/01/13	Biggleswade SC 14th Open meet	Biggleswade	Team Luton	3
2:50.19	272	F	28/04/12	City of Milton Keynes Spring Open Meet	Bletchley	Team Luton	2
2:51.44	266	F	27/11/11	Hitchin SC Open Meet 2011	Hitchin	Team Luton	3
2:55.69	247	H	06/11/11	Braintree & Bocking 200 Meet	Braintree	Team Luton	3
2:59.90	230	F	21/01/12	Biggleswade Open Meet	Biggleswade	Team Luton	3
3:05.26	211	H	14/01/12	Team Luton 200 & 400 Development Meet	Luton	Team Luton	4
3:11.18	192	H	20/03/11	Bedfordshire County Championships	Biggleswade	Team Luton	2
3:18.78	170	H	07/05/11	Team Luton Club Championships	Hitchin	Team Luton	4
3:22.20	162	H	07/11/10	Braintree & Bocking 200	Braintree	Team Luton	3
3:28.03	149		22/01/11	Biggleswade 12th Open Meet	Biggleswade	Team Luton	3

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