

Individual Best Times (All Time)

Aisha Karouai - (490097) - Putteridge Swimming Club - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
35.13	371	F	12/03/16	Watford Regional Qualifier	Watford		3
35.24	367	F	27/11/16	Hitchin Open Last Chance Meet	Borehamwood	Putteridge	3
35.43	361	H	25/09/16	Team Luton September Short Course Meet	Luton	Putteridge	2
35.81	350	H	29/10/16	Flitwick Dolphins Open Meet 2016	Biggleswade	Putteridge	3
35.94	346	H	25/06/16	Putteridge 2016 Club Championship - Gala 1	Hitchin	Putteridge	4
36.23	338	F	27/06/15	The Terry Davies Alternative Nationals	Watford	Dunstable	3
36.33	335	F	29/11/15	Hitchin County Qualifier Open Meet 2015	Borehamwood		3
36.86	321	H	24/10/15	Flitwick Dolphins Open Meet 2015	Biggleswade		3
36.97	318	F	03/10/15	Harpenden SC Legacy Open Meet 2015	Borehamwood	Dunstable	3
37.13	314	H	24/01/15	Dunstable Splash Night	Dunstable		4
37.93	295	H	27/09/14	Dunstable SC Splash Night	Dunstable		4
39.94	252	F	29/04/12	City of Milton Keynes Spring Open Meet	Bletchley	Team Luton	2
40.55	241	H	27/10/12	Team Luton Club Championships	Luton	Team Luton	4
40.90	235	H	11/03/12	Bedfordshire County Championships	Biggleswade	Team Luton	2
40.98	233	H	12/05/12	Mid Beds Open Meet	Biggleswade	Team Luton	2
41.40	226	F	21/01/12	Biggleswade Open Meet	Biggleswade	Team Luton	3
42.28	212	F	27/11/11	Hitchin SC Open Meet 2011	Hitchin	Team Luton	3
44.15	187	H	03/07/11	Braintree & Bocking SC Summer Sprint Meet	Braintree	Team Luton	3
44.96	177	H	20/03/11	Bedfordshire County Championships	Biggleswade	Team Luton	2
45.66	169	H	25/06/11	Team Luton Club Championships	Hitchin	Team Luton	4
45.73	168		22/01/11	Biggleswade 12th Open Meet	Biggleswade	Team Luton	3
47.90	146		28/11/10	Hitchin Open Meet	Hitchin	Team Luton	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
35.24	367	F	27/11/16	Hitchin Open Last Chance Meet	Borehamwood	Putteridge	3

35.81	350	H	29/10/16	Flitwick Dolphins Open Meet 2016	Biggleswade	Putteridge	3
35.43	361	H	25/09/16	Team Luton September Short Course Meet	Luton	Putteridge	2
35.94	346	H	25/06/16	Putteridge 2016 Club Championship - Gala 1	Hitchin	Putteridge	4
35.13	371	F	12/03/16	Watford Regional Qualifier	Watford		3
36.33	335	F	29/11/15	Hitchin County Qualifier Open Meet 2015	Borehamwood		3
36.86	321	H	24/10/15	Flitwick Dolphins Open Meet 2015	Biggleswade		3
36.97	318	F	03/10/15	Harpenden SC Legacy Open Meet 2015	Borehamwood	Dunstable	3
36.23	338	F	27/06/15	The Terry Davies Alternative Nationals	Watford	Dunstable	3
37.13	314	H	24/01/15	Dunstable Splash Night	Dunstable		4
37.93	295	H	27/09/14	Dunstable SC Splash Night	Dunstable		4
40.55	241	H	27/10/12	Team Luton Club Championships	Luton	Team Luton	4
40.98	233	H	12/05/12	Mid Beds Open Meet	Biggleswade	Team Luton	2
39.94	252	F	29/04/12	City of Milton Keynes Spring Open Meet	Bletchley	Team Luton	2
40.90	235	H	11/03/12	Bedfordshire County Championships	Biggleswade	Team Luton	2
41.40	226	F	21/01/12	Biggleswade Open Meet	Biggleswade	Team Luton	3
42.28	212	F	27/11/11	Hitchin SC Open Meet 2011	Hitchin	Team Luton	3
44.15	187	H	03/07/11	Braintree & Bocking SC Summer Sprint Meet	Braintree	Team Luton	3
45.66	169	H	25/06/11	Team Luton Club Championships	Hitchin	Team Luton	4
44.96	177	H	20/03/11	Bedfordshire County Championships	Biggleswade	Team Luton	2
45.73	168		22/01/11	Biggleswade 12th Open Meet	Biggleswade	Team Luton	3
47.90	146		28/11/10	Hitchin Open Meet	Hitchin	Team Luton	3