

Individual Best Times (All Time)

George Clough - (489774) - Glasgow University Swim Team - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:22.66	714	C	13/12/19	Scottish National Short Course Championships	Edinburgh	UniOfStirl	2
4:25.87	688	C	11/12/16	Scottish National Short Course Championships	Edinburgh	Warrender Ba	1
4:27.56	675	H	13/12/19	Scottish National Short Course Championships	Edinburgh	UniOfStirl	2
4:28.29	670	H	11/11/17	BUCS Short Course Swimming Championships	Sheffield		2
4:29.87	658	F	27/11/16	East District Age Groups Championships	Glenrothes	Warrender Ba	1
4:31.43	647	H	11/12/16	Scottish National Short Course Championships	Edinburgh	Warrender Ba	1
4:32.82	637	F	24/09/16	Scottish National Teams	Glasgow		1
4:35.16	621	F	14/11/15	SASA North District Grand Prix 2015	Inverness	Warrender Ba	1
4:35.30	620	F	15/11/14	COAST Grand Prix	Aberdeen	Warrender Ba	1
4:35.45	619	F	26/09/15	Scottish National Team Championships 2015	Glasgow	Warrender Ba	1
4:35.48	619	H	13/12/15	Scottish National Short Course Meet	Edinburgh	Warrender Ba	1
4:35.98	615	H	15/11/14	COAST Grand Prix	Aberdeen	Warrender Ba	1
4:37.21	607	H	14/11/15	SASA North District Grand Prix 2015	Inverness		1
4:39.41	593	F	02/11/14	East District Age Group Championships	Fife	Warrender Ba	2
4:40.86	584	F	07/11/15	East District Age Group Championships	Glenrothes	Warrender Ba	1
4:41.40	581	H	14/12/14	Scottish National Short Course Champs	Edinburgh	Warrender Ba	1
4:49.67	532	F	11/10/15	WBC Club Championships 2015 Weekend	Glenrothes	Warrender Ba	2
4:50.47	528	F	27/09/14	Scottish National Team Championships	Glasgow	Warrender Ba	1
4:51.18	524	F	12/10/14	Warrender Championships	Glenrothes	Warrender Ba	2
4:54.03	509	F	15/12/13	Scottish National Short Course Open Meet	Edinburgh	Warrender Ba	1
4:58.84	485	F	16/12/12	Scottish Gas National SC Championships	Edinburgh	Warrender Ba	1
5:00.05	479		03/11/13	East District Age Group Championships	Glenrothes	Warrender Ba	1
5:10.42	432		04/11/12	East District Age Group Championships	Bathgate	Warrender Ba	1
5:16.56	408		27/05/12	Incas Distance Gala 2012	Glenrothes	Warrender Ba	2
5:43.37	319	F	15/01/12	South Aberdeenshire Junior Meet	Westhill	Warrender Ba	2
5:54.59	290		12/06/11	Incas Distance Meet	Glenrothes	Warrender Ba	2
5:43.01	100		06/11/10	East District Champs	Glenrothes	Warrender Ba	1

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6:42.01	199		06/11/10	East District Champs	Glenrothes	Warrender Ba	1